

# PEBBLE

January 2021

## Message from the CEO & Chair

Greetings everyone

Happy New Year to everyone! Here's hoping that 2021 proves much better than 2020!

We have some exciting things on the horizon for SASI this year, so we look forward to continuing to provide supports to our existing clients and their families, as well as expanding options for existing and new families to join our family.

The Seaford site is undergoing major refurbishments and will be open for clients from mid February. Gippsland reopened on the 11th of January and is offering some exciting options for locals at the Moe Hub, home of many electronic gaming options as well as community access, supports and travel training. We are in the process of moving into a co-located space with the Salvation Army in Mt Martha and will be using this space for our Behaviour Support, Support Coordination and Client Services team for family meetings, as well as developing local options for clients in the local area. Handz Up therapy, our allied health partners, are working with us in all sites to assist and support our client's goals.

And, last but not least, our sites at Baxter and Croydon have now been sold and we will be seeking out new properties which will enable us to offer supports in a greater range of locations.

SASI staff continue to ensure everyone's safety by implementing all the relevant guidelines for infection control, including mask wearing, physical distancing, hand washing/sanitiser, daily health checks, temperature checks, designated spaces for everyone and access and egress routes to and from each building occupied.

We are still extremely keen to expand our Parents & Carers Committee (so far we have not been inundated with expressions of interest!) so if any of our parents would like to come along as a guest to check it out please email us at [enquiries@sasi.org.au](mailto:enquiries@sasi.org.au) to let us know. Meetings are held quarterly via Zoom, with the next one in February 2021, so there is no need to travel!

We are pleased to announce that the Annual SASI Art Competition and Show for 2021 will be held virtually for the first time during the 'Autism Awareness' month of April. Entries are open from 1 February and details are included in this edition, as well as on the SASI website. We look forward to 'viewing' lots of exciting works from those creatives with a disability in our community.

Finally, I would like to thank Vivienne Corcoran for her guidance to myself and SASI over the past few years, she will be sadly missed, however, we are fortunate to have Louise Georgeson as our incoming Chair from January 2021.

Cont...



*A word from our incoming Chair Louise Georgeson...*

Happy New Year, I hope you had a wonderful break over the holiday period and have started 2021 refreshed and energised.

Firstly, I would like to send my sincere thanks and gratitude to Vivienne Corcoran who has been a transformative Chair of our Board for the last five years. Her guidance and governance has been truly appreciated by all of us on many levels, and we wish her well in her new and exciting endeavours in the educational arena.

Secondly, introducing myself as the new Board Chair of SASI. I have sat on the Board for over three years, including being Deputy Chair to Vivienne and past Chair of both the Parent and Carers Committee and the Marketing and Events Committee. I have attended many of the 'all staff' forums and am always in awe of the work you all do on a daily basis.

I look forward to this exciting challenge and continuing to work with the excellent management team we are fortunate to have here at SASI. Here's to kicking off a great 2021 and hoping that this year will be vastly different from 2020!

Stay safe everyone and happy reading...

Cheers

**Kath (CEO) & Louise (Chair)**

'The things  
that make me  
different are  
the things that  
make me, me'

*Piglet*



# Latest Adventures

## Supported Independent Living Homes

### Frankston House

The residents from Frankston House went out for a picnic on a picturesque sunny day to Elwood beach. They enjoyed walking on the beach and snacks and drinks under the shade on such a beautiful day! Everyone had lots of fun.



*Left L-R: Trevor, Peter, Danielle, Riyah (Staff), & Amy*



*Right L-R: Amy, Danielle, Peter, Trevor & Emily (Staff)*

### Frankston House & Mordialloc House



James was one of many guests who came to Chris' Christmas get together at his home.

Chris is a Frankston House resident and James is from Mordialloc House, and they have been friends for 35 years!

*Left L-R: James & Chris*





## Langwarrin House

Angelos, Richard, and Gregory from Langwarrin House all went on an outing to Jubilee Park where they had fun playing cricket together.

Gregory bowled to Richard and Angelos as they took turns in batting and Gregory also fielded.

Everyone enjoyed the game and made sure they stayed sun smart and hydrated.



Left: Angelos  
Right: Greg  
Below: Richard



About four months ago, Angelos planted a piece of potato in the garden by the dining window at home. He cared for the plant while it embedded its roots by watering it frequently, and on the 20th of January Angelos was able to see his hard work pay off on harvest day!

Right: Angelos





## Aspendale House

Joseph and Todd from Aspendale House really enjoyed playing a game of basketball against each other.



*Above L-R: Joseph and Todd  
Below: Todd*



Joe was very excited about everyone coming over for Christmas lunch and all the good food. When he was getting ready, he decided he wanted to wear the Christmas antlers.

*Above: Joe*



Todd went out with staff for lunch. He loved having coffee and going to a cafe. Todd was very happy and had lots of fun on their outing!

## Springvale House



Mischa from Springvale House loves having a great time and really enjoys having a good laugh!

*Left: Mischa*





## Cheltenham House

Stasi and Ben enjoyed helping out with the cooking at Cheltenham House.



*Left: Stasi  
Right: Ben*



Belinda had a lovely time when she was picked up by her parents to have some family time together.

*Right: Belinda, Graeme, & Anne*



Did you know....

A crocodile cannot stick its tongue out!





## Newborough



*Left: Daniel*

*Right: Adam*



Christmas 2020 was a little different, but each and every one of Newborough's clients and staff enjoyed the day, creating great memories, playing some fun games, and enjoying Christmas carols and a delicious lunch.

It was too cold and wet outside to play cricket as originally planned, so Adam had fun playing indoor ten pin bowling instead. There were lots of laughs and plenty of great memories to keep.



*Left L-R: Adam & Hugh (Staff)*

*Right: Daniel*



Daniel enjoys being outdoors and picking the flowers and grass. He enjoyed his time on the swing while the cool breeze was coming through the property.



# Client Services

Dear clients, families and SASI teams

We've had a great start to 2021 and are looking forward to a wonderful year.

Seaford – redevelopment is moving along with our vision for the site coming together. The team are working on the Visual & Performing Arts space and the Hospitality Hub has seen some expertise input from some staff members who were chefs in previous lives.

Gippsland – continues to attract new service enquiries at both Haunted Hills & Moore Street. Our SIL clients are beginning to return after a significant COVID absence. Recent recruitment drive has seen some new casuals and part-time team members join the SASI family. We are excited to be COVID normal to explore the use of the Cottage for short term accommodation/ respite.

Behaviour Support Team – the team have been making great strides with our services highly recommended by SC's and other 3rd parties. This area is in high demand and is making a significant impact on supporting SASI clients. Current recruitment drive in place to add an additional Positive Behaviour Support Practitioner and/or Graduate with a qualification in psychology, allied health or social and behavioural sciences.

Support Co-ordination – growth in this service continues with a healthy enquiry for psychosocial recovery coaches (a new NDIS support item for participants with a psychosocial disability who require support managing complex challenges of daily living). The 3 person team is smashing KPI's and we are currently on the recruit for a new member.

SIL – clients in our SIL's have transitioned through COVID with a positive approach. PL's and teams have been exceptional in adapting to different ways of support. It is great to see some clients slowly stepping back out into other services and to have 3rd party supports back to being delivered face to face.

Cranbourne – we are pleased to advise that Chirag S has accepted the position to oversee our new site at Hotham Street. Currently we are receiving 2-3 enquires a day for this space and we are working with a number of Support Coordinators building our networking reach in this area.

Intake & Planning – our well-defined intake process and methodology is designed to improve point of contact by capturing, evaluating and prioritising client and family's needs and this team are always super busy with a 'can-do' attitude managing and prioritising effectively both internal and external phone and email contact to SASI.

**Melissa**

Executive Manager Operational Services

Dignity  
Independent  
Choices  
Empowerment  
Autism  
SASI  
Respect  
Ability  
Valued  
ASD  
Community

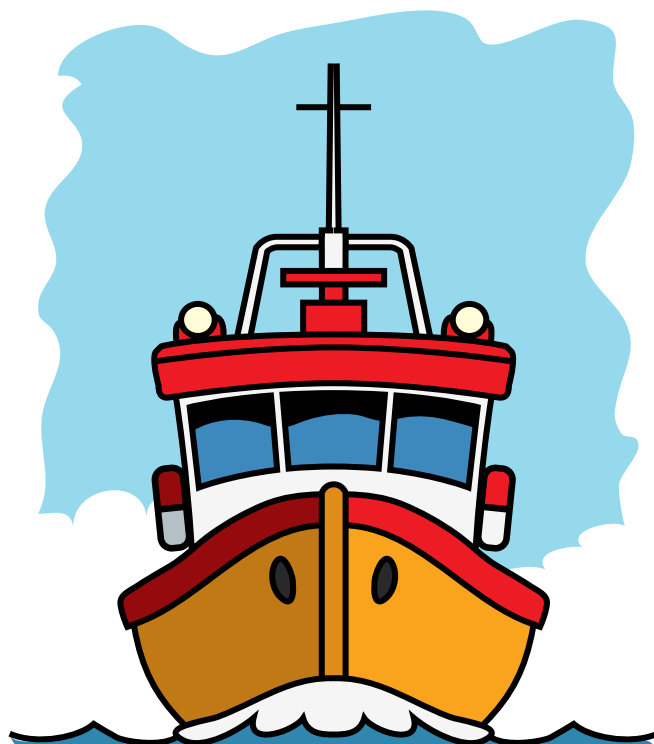
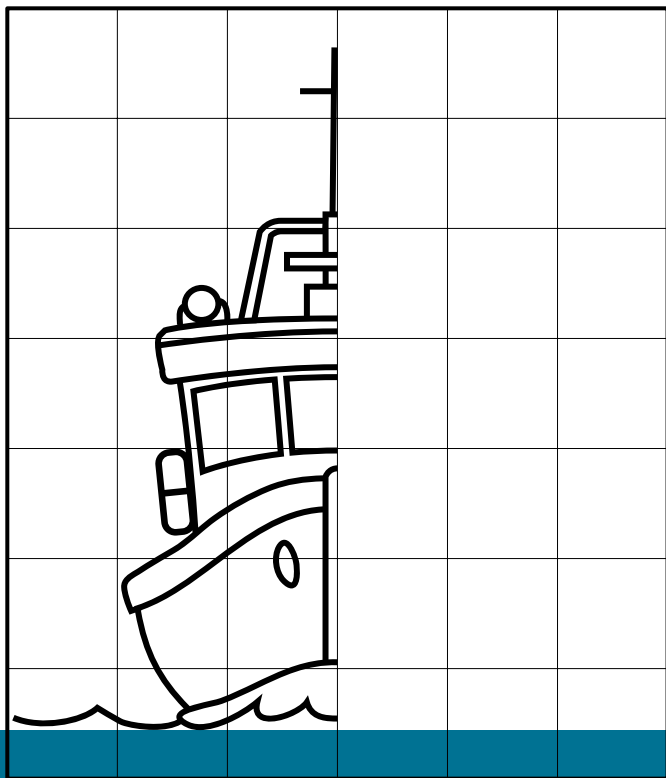


# Fun Zone



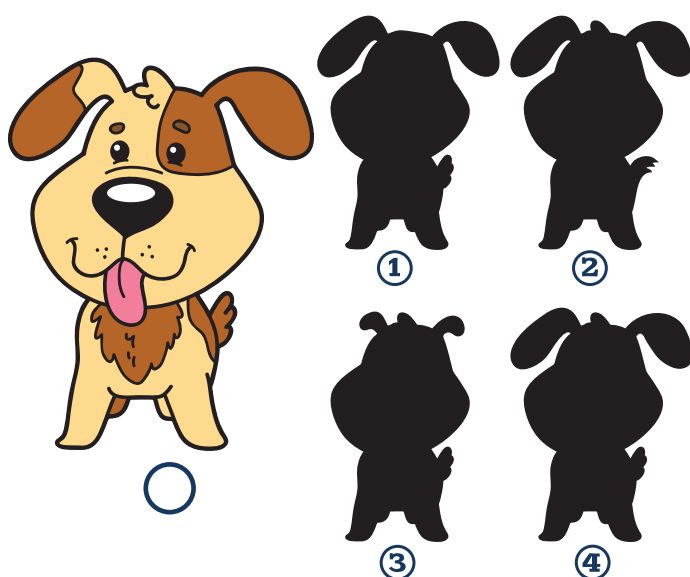
## Complete the picture

Copy the picture of a boat and then colour it in.



??

## Shadow Matching Game



What do you call a dinosaur who is sleeping?

A dino-snore!



Shadow Matching Answer:  
Dog 4

## Parenting with PACE

by SASI Guest Parent Blogger

From the moment we become parents we are on a continuous learning curve. You can read all the parenting literature in the world, and although it may help provide guidance and ideas of parenting style, you won't know what works best with your unique and individual child until you put it into practice.

Every child learns differently, behaves differently and a style of parenting that works for one may not work for their sibling. I don't think there is one text book on the planet that could cover everything and anything that parents will experience throughout their parenting journey.

My ASD son has recently turned 18 and I'm still on a learning journey. Believe me, I've tried many different parenting techniques over the years, spoken with many different specialists, read books, participated in training sessions and still I'm learning new things.

Right now, we are working with a behaviour therapist who is providing valuable support and insights. This is a completely different tact than what has been offered to us in the past, prior to receiving NDIS funding.

[Read more](#)

The rest of this article can be found on the [Blog page](#) of our website, along with many other interesting articles written from the perspective of a parent of a child with autism.



Image courtesy of pixabay.com





# Events

## ENTRIES ARE OPEN!

### SASI ONLINE ART SHOW

1 - 30 April 2021

**Exhibition of autistic &  
disabled community artwork**

Enter your artwork by 14 March 2021 at  
[www.sasi.formstack.com/forms/art\\_show](http://www.sasi.formstack.com/forms/art_show)



## COVID-19 Update

### Current Status





We are fortunate to be seeing eased restrictions, letting Victorians get back to doing the things they love, while also protecting everything we've worked so hard to achieve this year.

### How this effects us at SASI








We unfortunately continue to have the Active Choices facilities closed at Seaford, and they are expected to return in early February 2021.

Fortunately our services remain open in the Gippsland region, so our support services continue there.

#### Accommodation

-  Aspendale
-  Cheltenham
-  Dandenong
-  Frank St
-  Frankston
-  Langwarrin
-  Mordialloc
-  Springvale

#### Active Choices

-  Online Programs
-  Gippsland
-  Baxter
-  Croydon
-  Seaford
-  Camps
-  In Home Support

#### Client Services

-  Support Coordination
-  Positive Behaviour Suppo
-  Intake & Planning Team

#### Corporate Services

-  People & Culture Team
-  Finance Team

 Service Open  Service Restricted  Service Closed

### COVID-19 Resources

Department of Health  
[www.health.gov.au](http://www.health.gov.au)

Department of Health & Human Services  
[www.dhhs.vic.gov.au](http://www.dhhs.vic.gov.au)

Premier of Victoria  
[www.premier.vic.gov.au](http://www.premier.vic.gov.au)





Here's a healthy breakfast to help get back on track!

Over done it during the festive season? It's easy to get back on track and this Spiced Bircher Muesli is a great way to get you started.

## Spiced Bircher Muesli

Serves 1

### Ingredients

- 3 fresh dates, pitted and chopped
- 1 ½ tablespoons orange juice
- ¼ teaspoon ground cardamom, plus extra to sprinkle
- 150g Yoghurt French Vanilla (or Natural)
- ¼ cup muesli, plus extra to sprinkle



*Image & recipe courtesy of  
[www.taste.com.au](http://www.taste.com.au)*

### Directions

1. Combine dates, orange juice, and muesli in a small bowl
  2. Mix cardamom through the yoghurt
  3. Spoon half the date mixture into a jar or serving bowl
  4. Top with half of yoghurt mixture
  5. Repeat layers
  6. Finish with a sprinkle of extra muesli and cardamom
- Enjoy!

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Have you got a recipe you'd like to share? Email it to us, along with a photo of your masterpiece, and you may see it in Pebble!





# Contact Details

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**Want to share your ideas?**

Email us at [enquiries@sasi.org.au](mailto:enquiries@sasi.org.au)



*Your life. Your way. Your choice.*

**Supporting children, teenagers,  
and adults with autism and other  
complex disabilities**

