

## The Summer Issue

Below: Belinda swimming alongside a family member



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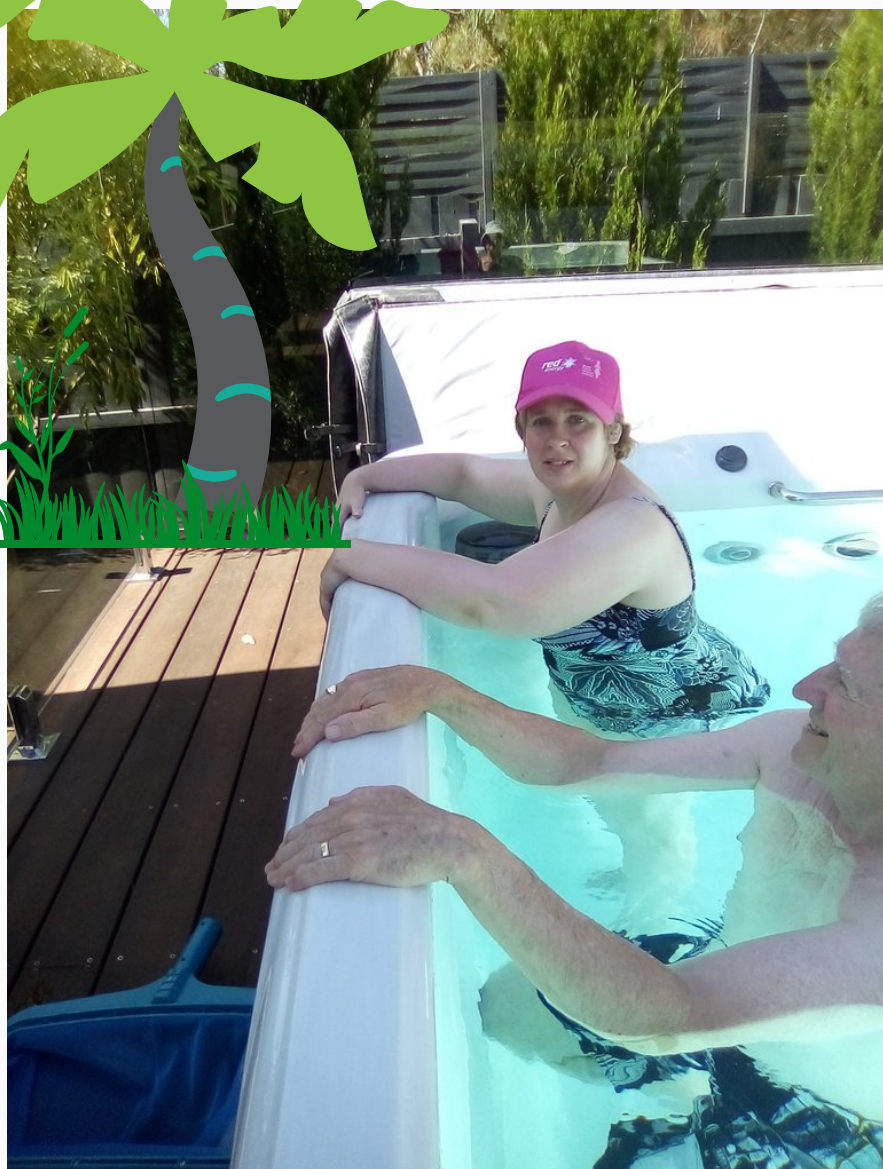
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# Message from the CEO and Chair

Greetings all,

Happy New Year to one and all.....as they say,'here we are again!'

The pandemic seems to be thwarting our progress, but fingers crossed this is just a delay to getting the new year underway with positive vibes and lots of plans for SASI.

The SASI Board will be reviewing our Strategic direction in March, and we are keen to receive any feedback/suggestions from our SASI community- staff, clients and families..... please email [enquiries@sasi.org.au](mailto:enquiries@sasi.org.au)

January sees SASI, like most of our colleagues, with residents, staff, clients and their families in isolation either due to positive result or close contact.....on the bright side, all staff and residents are fully vaccinated and in the process of, or have had, their booster shots which is reducing impacts on health and now with isolation time reduced hopefully the impact on everyone is reduced.

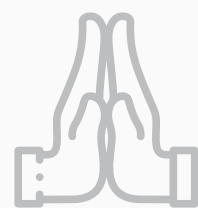
We have welcomed back staff from Maternity leave and gained some new faces in January who are keen to get into 2022 with lots of energy and enthusiasm following the holiday break! Stay safe everyone and hoping everyone can enjoy the summer weather with family and friends Happy reading

Cheers,

Kath (CEO) & Louise (Chair)



## Finally



Not too many good stories come out of COVID but Todd finally got to visit his mother at her residence after many, many months.

They were both very excited.

He loved the process of testing and gowning up.

He thought he looked like a doctor

Then to get to see his mum on top. A very excited man.



# Latest Adventures

## Across all Sites and Services

Our clients and staff across all sites and services celebrated our first "Dress up for a Cause" day.

SASI has started this initiative to bring a bit of fun, while contributing to a worthy cause.

Our chosen charity is Autism Awareness and we kicked off 2022 by celebrating Bogan Day on January 25

It was fun to see everyone getting involved and having a laugh!

We would love to see even more of our SASI staff and clients involved for our next event "80s Dress Up for a Cause" on February 23rd!!!



Above: L-R Henri, Tom and Kerri - SASI Newborough Hub



Left: Leoni, after a busy Bogan Day

## Steff and Emily

Steff and Emily dressed up for a cause and celebrated "Bogan Day" at Frankston House



## Mark and Kerri

Mark and Kerri got into the spirit of it and celebrated Bogan Day at SASI Newborough Hub



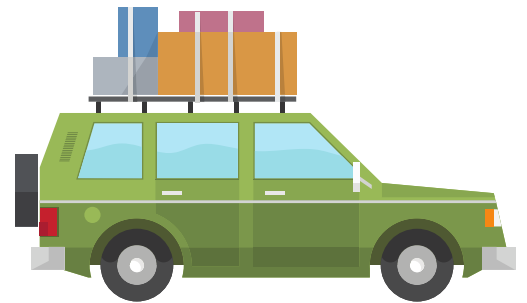


# Cheltenham House

## Holiday SNAPS



Left: Matty L and his brother R enjoyed a lovely holiday at The Twelve Apostles



Left: Chris L and Matty R, the two brothers enjoyed a lovely walk together



Right: Ben helping out, bringing the cleaning products to the house





## Aspendale House



Aspendale boys watching movie whilst enjoying Popcorn before bed time.  
L-R Xavier, Joseph, Peter, Todd and Cameron

## SIL - Supported Independent Living

On a hot Australia Day the clients went to the beach then home for a BBQ the guys had a fabulous day ,sun ,surf and a delicious lunch  
Clockwise from Left:  
Joe, Todd,  
Cameron cooking and bottom left Joe and Todd together





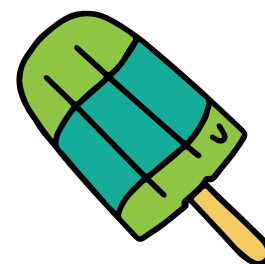
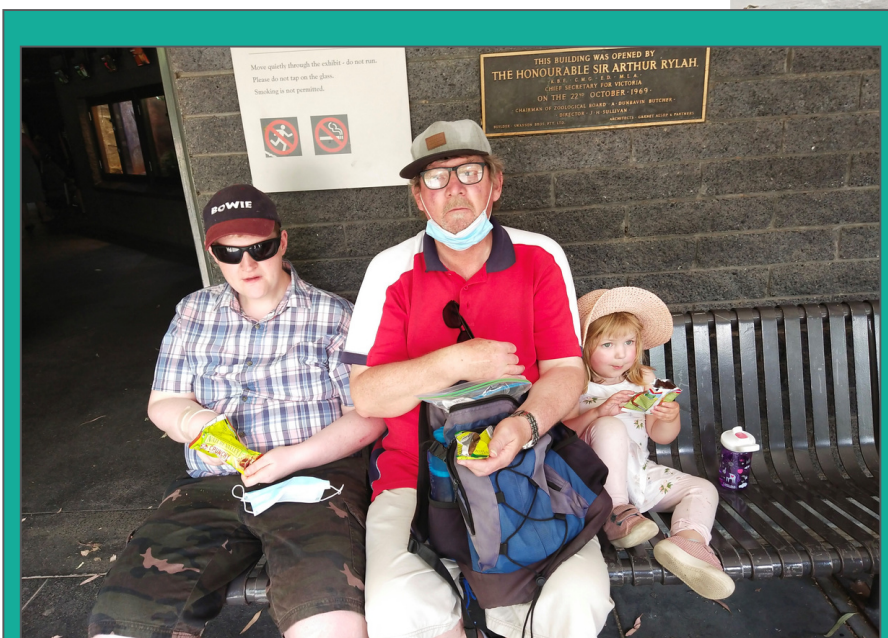
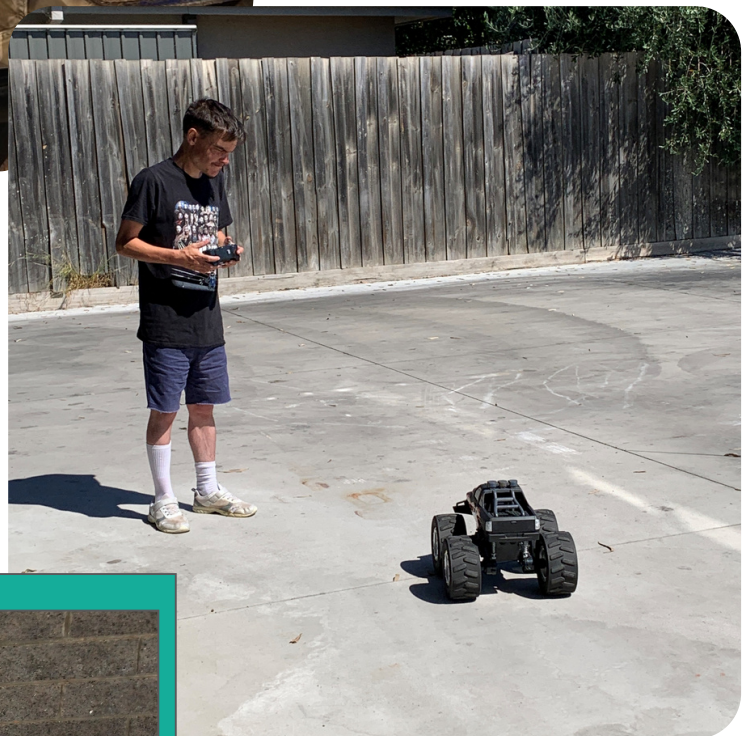
# Springvale House



Left: Malcolm completing a puzzle while on a Holiday



Right: Ben enjoys playing with his Christmas gift



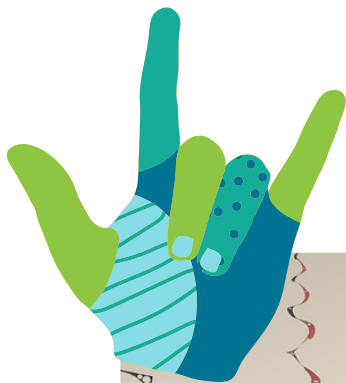
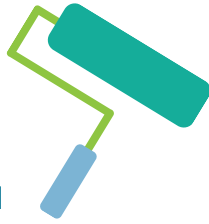
Left: A lovely photo of Malcolm, Malcolm Senior and Malcolm's niece enjoying family time



# ACTIVE CHOICES

## Seaford Hub

Adam was truly focused when working on his latest art project. Initially, Adam sanded back an old art piece and then painted over it in white to create a blank canvas. Adam's passion is in his music, so he decided to incorporate this into his art. He looked up pictures of favourite music bands and then developed a collage. He created a base from pages of an old encyclopedia and then tore up the pictures of his favourite music idols and their logos to stick over the top. Once completed he lacquered over the canvas to protect it. Adam couldn't hide how proud he was of his completed work.





Right and below: Brad  
mulching



With the beautiful weather  
shining down, it was nice to  
get outside and Daniel  
enjoyed his time on the  
swing.

Below: Daniel



We have recently had to trim some trees at Newborough and  
this has left us with a large amount of mulch to distribute  
across the gardens. Brad assisted staff with moving a few  
wheelbarrow loads of mulch to the garden bed, to freshen  
them up and give nutrients back to the soil.





## Newborough Hub



Below and right: Ajay



After a few weeks off over the Christmas break, it doesn't take long for the lawns to get out of hand. Ajay assisted staff mowing the Newborough site, which he has done a wonderful job, all whilst having a big smile on his face.

At the end of his hard working day it was lovely to see him enjoying some down time on the swing.

Great work Ajay!





LET'S TALK ABOUT...



## CLIENT SERVICES

Dear valued clients, families/carers and SASI teams,

Happy New Year to each and every one of you – my wish and hope for you is that it is a truly amazing year.

### LET'S TALK ABOUT ...

The post-COVID-19 world looks undefined. History does let us know that in periods after major adversities there is always an invitation for innovation and new opportunities often develop. The pandemic has highlighted the disparity in health and social outcomes that exist in our communities and in fact, society and the importance of relentlessly pursuing 'an inclusive community where everyone belongs'. We continue to see an escalation in demands for better quality, safety and dignity in service provision – for everyone. Royal Commissions, Government Investigations and the amplified voice of NDIS participants through social media tell us that our communities, expects better; particularly for those experiencing disadvantage.

We also know that clients experience difficulties in accessing services and that they want more integrated approaches to meeting their health and support needs. Their combined voices are a loud call to all of us all to improve the quality of the services provided.

Through SASI's COVID Recovery Plan, our goal is to respond to this call and our focus is to bring greater confidence, build trust, and a continued reputation for safety and quality which sets us apart.

At the heart of SASI is a belief that everyone should be able to easily access safe, inclusive, quality, personal and connected supports, and that this supports is reliable and consistent everywhere, every time by putting client's experiences at the forefront of our thinking in a rapidly changing time.

### TEAM UPDATE:

We are thrilled to welcome back Michelle Rickards from maternity leave and super excited to announce that she is taking the lead on our new SLES services. If you think you would be interested and eligible for School Leaver Employment Support (SLES), please contact your LAC or Support Coordinator for more information on applying for SLES Funding through NDIS.

If you are interested in choosing SASI as your preferred SLES provider, please contact us: PH: 1300 577 306 or by emailing: [sles@sasi.org.au](mailto:sles@sasi.org.au) which gets you straight through to Michelle Rickards, SLES Practice Leader.







# LET'S TALK ABOUT...



SASI also welcomes aboard to our team Georgia Lynch as Support Service Manager. Georgia will be at the forefront of innovative ideas, delivering to existing and new clients, families and stakeholders quality supports + choice and control when they matter most. Georgia will be based at Mt Martha and is responsible for the teams that will deliver : Autism Training, Support Services to mums /dads & bubs, SLES, Home to Community and yes get excited (and crossing everything) that we can in 2022 deliver once again Camps & Recreation programs in a COVID safe way. Feel free to take some time to meet with Georgia by calling PH: 1300 577 306 or by emailing [georgia.lynch@sasi.org.au](mailto:georgia.lynch@sasi.org.au)

## WHAT'S NEWS:

SASI are ready to celebrate another year of responding to the essential needs and promoting respect, inclusion, choice & control for the rights and dignity of persons with Autism and other complex disabilities. And we enter 2022, determined to achieve concrete changes for more inclusive and sustainable communities.

Hopefully, 2022 will be an even more engaging year for ASD communities, a key to doing things better is to expand our thinking and community activity beyond the fairly small and at times homogenous group of traditional disability leaders, to include all kinds of people, such as:

- disabled people of colour
- LGBTQ+ disabled people
- people with all types and combinations of disabilities — physical, intellectual, sensory, and mental
- people with disabilities who not active in activism or disability culture
- disabled people with diverse political, philosophical, religious, and cultural perspectives

A goal for SASI this year is to reduce waiting lists, stabilize workforces that have been so devastatingly impacted by the continued pandemic and to aim higher in our supports and inclusion for those accessing services to live independently within their community, with supports that are stable, bringing continuity and that are delivered by qualified and engaged team members.

With that in mind ...do you know someone who is inspiring and looks at life through a fresh lens and would like to join our team?

As we look toward to the year ahead, we are excited to be growing our teams significantly. If you know someone who might be a good fit, please spread the word 😊

Visit our website for more details or to make a time to come down and meet our staff.

Stay well, stay safe and stay cool.

Warmest regards,

Melissa + Client Service & Operations Teams

## Welcome Aboard New and Returning Staff

Michelle Rickard - SLES Leader

Georgia Lynch - Support Service Manager

Tamara Hussar - Accounts Officer



## FOOD SELECTIVITY

Family mealtimes can be difficult. There's always someone who doesn't like something you put on the plate.

Perhaps you decide to do a different meal for each member of your family depending on their likes and dislikes.

Maybe you have a child who will only eat white food, like mashed potato, chicken and cauliflower.

Or, your child will only eat the same food every night, as long as nothing on the plate touches.

Heaven forbid if a pea accidentally rolls over and touches a carrot!

Children with autism can often be fussy or selective eaters. They can have sensitivities to taste, touch and smell that can affect the way they eat.

Parents often feel guilty with thoughts that their child isn't getting the right amount of nutrients or eating enough fruit and vegetables.

[Read More](#)



Image from Pixabay





## American Ribs

by Chef Aisha and Chef Malcolm



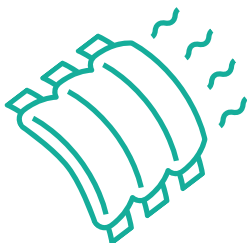
### INGREDIENTS

#### Spice rub:

- 2 tablespoons of sweet paprika
- 2 tablespoons of onion powder
- 2 tablespoons of garlic powder
- 1 tablespoon cumin
- 1 tablespoon of brown sugar
- 1 tablespoon of salt.

#### Sauce:

- 1 cup of hoi sin sauce
- 1 cup of plum sauce/jam
- ½ cup bbq sauce
- ½ cup maple syrup.



### DIRECTIONS

1. Mix dry rub ingredients together in a large bowl
2. Rub and massage the dry rub onto both sides of the ribs, making sure all parts of the ribs are covered.
3. Let ribs sit and marinate for 30 mins/ or overnight
4. Put ribs bone side down on an oven tray and cover. (splash small amount of vinegar on the tray) cover in foil and bake at 165° for 2 hours.
5. Uncover and paint both sides of the ribs with the sauce, making sure both sides are painted a few times.
6. Return to the oven and cook uncovered for 30-45 minutes, turning once.
7. Sauce should have a nice glaze on the meat may start to caramelize
8. Let rest for 10 minutes, cut each rib into sections  
Enjoy!!!!



## Staff Feature

### Sarah Support Coordinator

What does your role at SASI  
Involve?

Supporting people to understand and implement their NDIS plans to achieve their goals and supporting people to make their own decisions and build their capacity.

If given a chance, who would you like  
to be for a day?

A super hero!

What TV Show/Movie is your guilty  
pleasure (yes, time to admit you love  
it)?

Home and Away

Three words that best describe you?

- Good sense of humor
- Caring
- Bubbly

What is the one thing you cannot  
resist?

Chocolate



Above: Sarah

What do you do when you are not working?

- Spending time with my family
- Family camping trips
- Boating and water sports

Why do you enjoy working at SASI?

I enjoy working with a like-minded team of people who are passionate about supporting others and helping them to achieve their goals.





## Contact Details

P: 13 Sir Laurence Dr, Seaford, VIC 3198

T: 1300 577 305

E: [enquiries@sasi.org.au](mailto:enquiries@sasi.org.au)

W: [www.sasi.org.au](http://www.sasi.org.au)

Want to share your ideas?  
Email us on [enquiries@sasi.org.au](mailto:enquiries@sasi.org.au)



**Supporting children, teenagers, adults with  
autism and other complex disabilities**

