



March 2022

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Message from the CEO and Chair

Greetings all,

With the end of March approaching we find ourselves putting away the beach gear and looking forward to those cosy autumnal evenings in front of a fire.....

We are moving ahead with a range of activities to continue on our 2022 recovery plans. There will be some 'Come and Try' days at the Seaford hub to encourage new people to see what SASI is offering, a Disability Expo is being held this weekend at which SASI will be present along with many other providers, targeted social media marketing is also going on to inform the local communities about what SASI can offer to their loved ones. Expressions of interest are current for our new playgroup at Mt Martha, Home to Community, Short Term Accommodation and Camps. We have seen increased activity and a lighter spark from families who are learning to live in the 'new covid normal'.

March saw all SASI houses back to normal with Omicron having moved on. Boosters have been completed and now we are on to the Annual Flu Jabs to safeguard our staff and clients. Staff continue to use RATS and wear PPE to ensure safety for everyone.

Our Board and Executive held the annual Strategy day on the past weekend. There was agreement to proceed with plans in place to expand our support offerings, continue marketing actions and work with 'like-minded' organisations to further partnerships and collaboration to enable SASI to further support our clients and their families.

SASI remains committed to our mission of providing quality services and supports to support people on the spectrum to choose and achieve their goals.

We are keen to receive feedback/suggestions from our SASI community- staff, clients and families..... please email enquiries@sasi.org.au with your comments, thoughts, ideas!

Stay safe everyone and hoping everyone can enjoy the late summer weather with family and friends

Happy reading

Cheers,

Kath (CEO) & Louise (Chair)



Latest Adventures

Across all Sites and Services

March 17th St Patrick's Day Dress Up!

SASI continues to incorporate some fun traditions and get everybody involved in dressing up for a good cause. For this month, on Thursday 17th March, we have celebrated our mates from the Emerald Isle and dressed up in green for St Patrick's day.

This lucky day generated lots of fun costumes and some gold coins at the end of the rainbow for Autism Awareness. Great to see everyone having fun and giving back to our Community!!

The Seaford Hub crew all joined in and wore green! Standing L-R: staff members Sarah, Brent and Renee Sitting from L-R: Aisha, Malcolm, team member Liz, Dieter and Hub Practitioner Christine



Above: Todd



Troy & Malcolm

Seaford had its Leprechauns bringing the Irish luck!



Steph

Steph is wearing green for St Pats and sporting a big grin on her face!



Cheltenham House



Belinda went out for dinner, independently ordered things off the menu and and chatted to the waiter. She had a lot of fun.

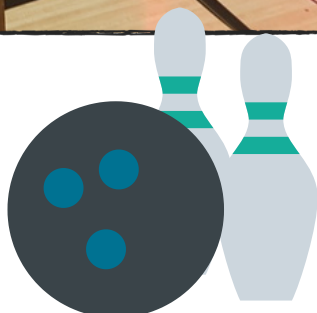
Left: Belinda



Aspendale House

Todd went bowling with and he had a fabulous time

Right, below and far right: Todd

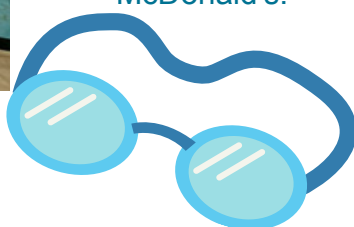


Aspendale House



Above: Joe

Joe (left and right) requested swimming for community access. He enjoyed swimming in the wave pool and the lane pool. He even asked to stay longer when staff suggested it was time for dinner . Joe stayed for another 15mins and with assistance independently ordered himself dinner at McDonald's.

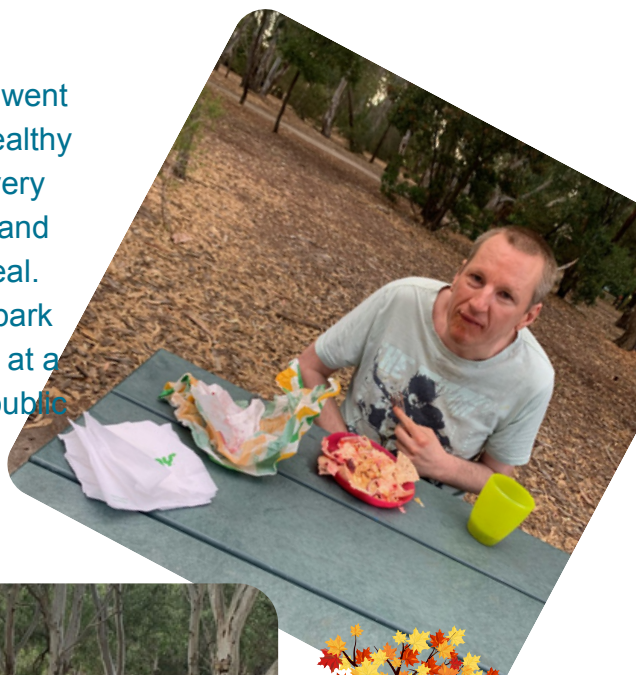


Above: Joe



Peter (left, right and below) went to Subway with staff for a healthy option dinner. Peter was very excited to pick out a drink and waited patiently for his meal. Peter then went Braeside park where he enjoyed his dinner at a picnic bench watching the public play a football match

Rigth, below and left: Peter



Aspendale House

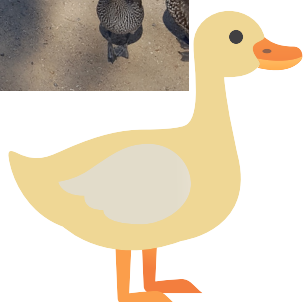


Above: Joe



Above: Sav

Joe (left) feeds the ducks at Myuna Farm.
Sav (above) feeds the goats



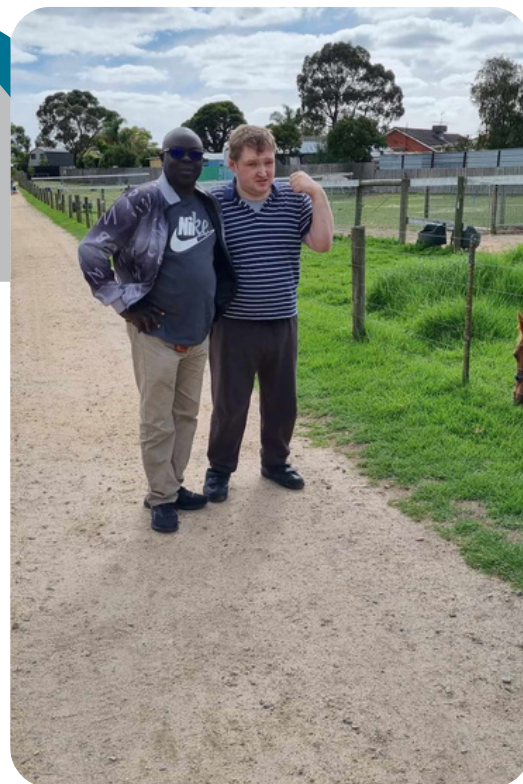
Springvale House



Above: Jarrod



Callum and Jarrod went to Myuna farm supported by their carers. They loved seeing animals in close..



Above: Mohammed and Callum

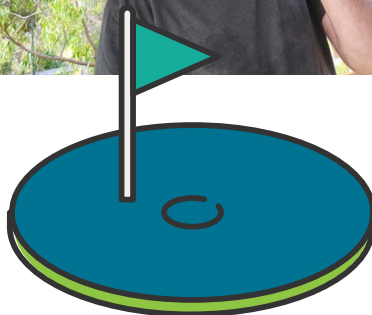


Aspendale House



Cameron had a fantastic time at the mini golf range in Dingley

Left, right and below: Cameron



Springvale House



Above: Malcolm



Malcolm went for a shopping trip with Susan. He picked items for himself and paid for them at the self-service.



Above: Malcolm



goal mastery

Support. Learn. Achieve.

As SASI, we use our Goal Mastery system to break down support plan goals into smaller tasks, allowing participants to reach their full potential in a measurable, outcome-driven way

Dieter's NDIS Goals:

"I would like support to attend a new program this year so I can pursue my interests and interact meaningfully with my peers.

I would like assistance to improve my communication and my speech to help improve relationships and my independence."

Dieter was able to start attending the Seaford hub in 2021. At the "Hub", he participates in a mixture of the Art Program, Music Program and Gaming Program. He mostly likes being in the Art Program and when in the Art room, where he will engage in different art projects for short periods of time. The staff have been able to encourage him to increase his participation time.

Dieter also loves getting involved in the music activities. These photos are from a music incursion in December last year.

Dieter enjoys socialising with the other clients in the art space. He has developed friendships amongst his peers and he is very comfortable with all the staff.

Dieter is well liked by the staff and clients at Seaford. Attending the Seaford Hub has given Dieter a sense of belonging to a Community.



What makes people with Autism great!

People with autism have a kind of superpower. It's true, while they may struggle in some areas, what they're good at, they're not just good at, they're amazing at!

Did you know that people with autism have amazing attention to detail? If they have a particular interest in a subject they will learn and retain all of the interesting facts about that subject until they become an expert. What an amazing skill to have.

[Read More](#)



Thai Spicy Soup

by Chef Malcolm



INGREDIENTS

2 Whole Pumpkins
2 Potatoes
2 Onions
1/2 Bunch of Coriander
4 Cans of Coconut Milk
1lt Vegetable Stock
1 Lemon Grass
1 Lime
2 Knobs of Ginger
2 Chilli
2 Cloves of Garlic
Salt & Pepper

DIRECTIONS

Chop Pumpkin into Chunks
Turn Oven to 165 Degrees
Put Pumkin in the Oven and
Roast for 20 mins
Finely Dice Onion
Peel Ginger
Peel Garlic
Put Onion, Ginger, Garlic, Chilli,
Lemon Grass and Coriander in
Food Processor
Blitz until it looks like a thick
paste
Add paste to a large pot
Turn Stove to Medium
Add Pumpkin and Stir
Add Coconut Milk
Add Vegetable Stock and Stir
Cook for 1 hour
Blitz Soup with a hand blender
until smooth
Squeeze in Lime and top with
chopped Chilli and Coriander



Staff Feature

Cliff Maintenance Officer

What does your role at SASI involve?

Day to day general maintenance at all SASI SIL homes + Active Choice locations and interaction with internal staff and external contractors

If given a chance, who would you like to be for a day?

My Dad ❤️

What TV Show/Movie is your guilty pleasure (yes, time to admit you love it)?

MAFS. It's trashy but it gives your brain a break from work and stress.

Three words that best describe you?

Caring, communicator & honest

What is the one thing you cannot resist?

Cream buns



Above:Cliff

What do you do when you are not working?

Spend time with my wife and kids, taking the kids on bike rides and bush walks. I also enjoy watching the NBA when I get a chance.

Why do you enjoy working at SASI?

Because everyone is caring, helpful and understanding.





LET'S TALK ABOUT...



Client & Operational Services

Hello everyone,

Days are getting shorter, the nights are drawing in and the mercury isn't climbing so high anymore Yes, Autumn is here and it is a beautiful time of year.

Yes, there is that shift when summer is over, but that does not mean Autumn isn't worthy of the same affection, from the leaves changing from green to an incredible display of vibrant colours, just as your cheeks get a little rosy from the colder mornings, the leaves will soon be fluttering to the ground.

With the seasonal changes that Autumn brings, so comes a sense of accomplishment and fulfilment, although it's natural to think of Spring as the season to make changes in your life, there are plenty of reasons why Autumn is the best time for reflection.

Just as nature follows a seasonal cycle, we too face constant change and cycles in our lives. Difficult seasons pass and yes we are all willing for a time when the word COVID is a distant memory. Pick a rainy day and reflect on the last 12 months and appreciate an achievement – even those little moments, one that make your heart smile and enjoy it all over again.

LET'S TALK ABOUT ...



Celebrating Autism ... Every April celebrates World Autism Month, beginning with the United Nations-sanctioned World Autism Awareness Day on 2nd April and this year marks the 15th annual World Autism Awareness Day.

For 2021 the UN decided on "Inclusion in the Workplace: Challenges and Opportunities in a Post-Pandemic World" as the theme for World Autism Awareness Day. The reasoning behind this choice is that with the pandemic highlighting some glaring issues that have existed for years and years, it is worth using this time to reflect on them and take practical action to deal with them. For those with autism, this includes a more understanding work environment and inclusive programmes. For 2022 the observance theme is "[Inclusive Education](#)" which is intrinsically linked with the focus of last year's WAAD observance.

Throughout April we shall focus on sharing stories and providing opportunities to increase understanding and acceptance of people with autism and how we can improve "[Inclusive Education](#)". SASI is committed to School Leaver Employment Supports (SLES) and we are shall be offering this across Metro & Regional locations.





LET'S TALK ABOUT...



Client & Operational Services

WHAT IS SLES?

We get asked this question a lot!

SLES stands for School Leaver Employment Supports. It is available to Year 12 school leavers who are eligible for the NDIS. SLES helps young people prepare for and take part in work. Through SLES, school leavers will receive supports for up to two years that are focused on improving employment opportunities by getting them work-ready. The supports provided are tailored to meet individual employment goals. They can include things like work experience and skills development in areas such as time management, travelling, money handling, and taking instructions and understanding expectations. As with the other supports in their NDIS plan, clients have choice and control in how they use their SLES supports, and who provides them.

TEAM UPDATE:



In the “Challenge for Talent” we are keen to grow our teams so that we can continue to build and offer more services – so why would you join us?

Choose to work with a registered service provider?

Although registering with NDIA is not mandatory, being registered sure does have its perks. Service providers like SASI who are registered with NDIA have the required qualifications, approvals, experience, and access to supports in an ever-changing funding model and environment.





LET'S TALK ABOUT...



Client & Operational Services

As a registered service provider, SASI must comply with specific State & Federal laws, guidelines, policies which non-registered providers do not have to follow, in turn ensures that NDIS participants have choice and control while ensuring high-quality supports.

We are on the hunt for some gun team members with lived or learnt experiences, we are impressed with candidate's who want earn & learn, jump straight in with a team spirit, collaborate, and embraces SASI's purpose, vision and mission.

If you know someone who is looking for flexible hours and the opportunity to make a difference, please send them in our direction 😊



WHAT'S NEWS:

Home to Community_(H2C)

Individualised supports that are tailored to your needs, interests and goals. This can be for a few hours a day on a weekly/fortnightly basis, overnight or ad hoc supports, or accessing our group-based programs.

Our qualified and experienced team members support you with everyday tasks to connect with and access the community to support you with what you love doing.

Express your interest by clicking on the following link:
https://SASI.formstack.com/forms/expression_of_interest

Save the Date – Wednesday 25th May '22

“Come & Try” Morning Event at Seaford Hub on Wednesday 25th May 2022 @ 10am to 12pm.

We are delighted to invite you to walk through and try our refreshed Seaford Hub.

Keep an eye out for exciting details coming your way soon.

STAY IN TOUCH:

Head to our website for more information or to request a service by visiting: www.sasi.org.au

Stay Safe, Stay Healthy, Stay Connected.

Warmest regards,

Melissa + Client Service & Operational Teams



Contact Details

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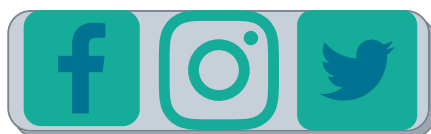
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Want to share your ideas?
Email us on enquiries@sasi.org.au



**Supporting children, teenagers, adults with
autism and other complex disabilities**



*April is World Autism
Awareness Month
for SASI, it's all year round*

