

# NEWS & FEATURES

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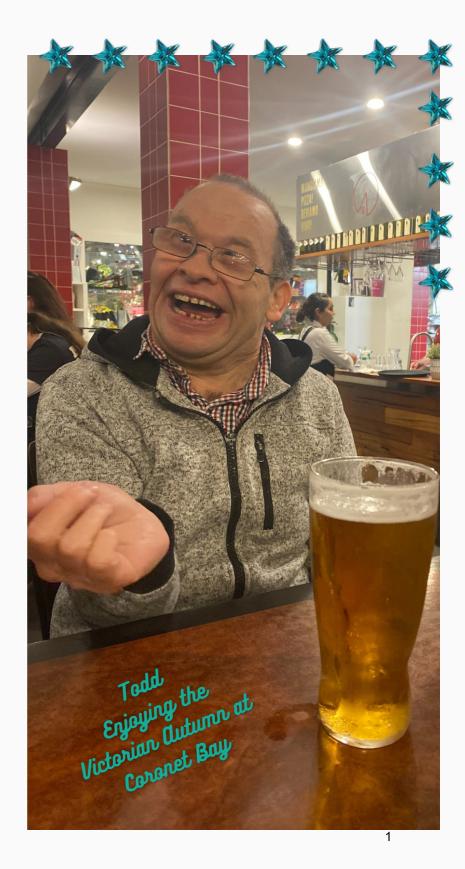
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## Message from the CEO and Chair

#### Greetings all,

I hope everyone has been enjoying the lovely autumn weather we are experiencing at the moment.

This month as seen a number of our team contract Covid-19, unsurprising being the virus is quite widespread in our community, however we have been extremely fortunate that few of our clients have been affected. Our teams are very stringent using PPE and ensuring all other aspects of infection control, especially with winter and the Influenza season about to embark in winter.

A recent Disability Sector event highlighted that providers are struggling to remain viable under NDIS pricing, and the substantial impact of Covid-19. Recruitment of staff is a major issue along with the large administrative burden of compliance with NDIS Quality & Safeguarding Commission. The top 4 issues in Victoria were: economic viability, workforce shortages, concern about workers mental health & well -being and concern about client well-being.

SASI is continuing on its Covid recovery plan for 2022, and are keenly aware of the issues affecting our workforce, so we work hard to support our staff to enable our clients and families to receive quality services.

'Come and Try' days at the Seaford hub have commenced with twenty four expressions of interest received and fourteen bookings for our first day in May! We will develop and deliver flexible services which respond to client needs and funding. We will also expand our relationships and partnerships with other "like minded" organisations which can support us to meet our clients' needs for the future.

We are keen to receive

feedback/suggestions from our SASI community, staff, clients and families..... please email enquiries@sasi.org.au with your comments,thoughts, and any ideas! Stay safe everyone Happy reading Cheers, Kath (CEO) & Louise (Chair)





## Latest Adventures

## **Name the Chicks!**

These two cuties landed at Seaford Hub (Thanks Sarah H. and Sarah S.!). Now we need to name them and you can help us



#### Options are:

- Cluck Vader
- Princess Laya
- Hedwig
- Henny Wong
- Cluck Norris
- Tyranossaurus Pecks

To vote head over to our <u>Facebook Page</u> or <u>Instagram Stories</u> and the two most voted names will be chosen!





Above Malcolm has found our first "SASI green" egg

Clients at the Seaford Hub are loving taking turns being the daily "Chicken Monitors". Tasks involve patting chickens, cleaning coup and retrieving eggs. It's a great way to take reponsibility and complete the tasks.



#### Matty's Cousin Wedding

Matthew look very handsome in his suit



#### Adam Dress Up For our Superhero or Villains Dress Up Day, Adam was a Devil in Disguise



## Latest Adventures

## The focus this month was on Seaford Hub

Clients and Staff showcased all of our programs in a relaxed and festive atmosphere.

As always the Hospitality, Visual Arts and Gamer Rooms were a hit and we had some prospective clients enjoying the trampoline and visiting the chickens!

Each visitor took home George the Frog as a souvenir.

Thanks to all the teams involved in this successful day!!!!



Above : SASI team and clients busily interacting with our visitors







Above : the calm before the storm Our Hub looking its best in aticipation to a busy day

## Aspendale House



Above : Joseph



Above L-R: Joseph, Frances and Todd



Todd and Joseph enjoyed a trip down to Coronet Bay. They went to Philip Island, along the coastal road stopping off along the way doing some scenic walks at Nobbies Point, Rhyll and Cowes main beach. Time was spent at the Wildlife Park seeing the animals and then headed to see how chocolate was made in Philip Island Chocolate Factory. The photos say it all; lit-up faces, smiling, giggling and just having fun.

If you or your loved one is interested in a trip away, let us know we have Camps & Recreation options available in Balnarring & Gippsland.





Above L-R: Todd, Frances and Joseph



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## ACTIVE CHOICES

Seaford Hub







Above: Dieter

Above: Rebecca

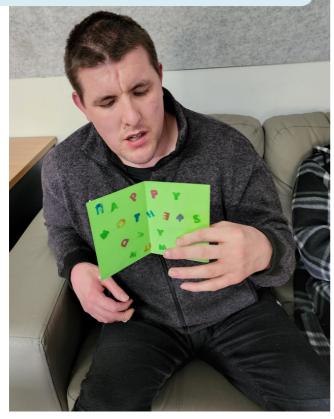
Above: Malcolm

Everyone who participates in the Art Program took great pride in making their mum a beautiful hand made mothers day gift. Each bag was individually designed from the client's own artwork. They chose the fabric, were supported to sew together the bag, made the attached key chain, chose and threaded the beads, made their own card, envelope and gift bag.

We hope all the Mothers had a lovely day and enjoyed their gifts that were made with such care.

# happy \* ''/ Mother's day \*

## Newborough Hub





For Mother's Day we created some amazing cards to show all our amazing mums and special people in our lives how much we love them.

Above: Brad

## Relationships, marriage and autism

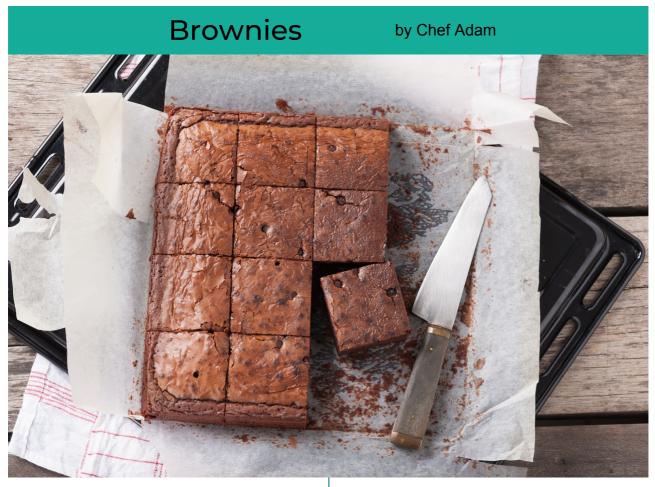
We all want to feel loved. Relationships are natural for all human beings. Regardless of age, gender, sexual preference, or disability, we all have the right to have relationships and if we wish, to marry.

For people with autism it can be more challenging to find a partner ...





## From the Seaford Hub Hospitality Program



#### INGREDIENTS

200g Chocolate 250g Butter 50g Chopped Walnuts 80g Cocoa Powder 65g Plain Flour 1 tsp Baking Powder 350g Sugar 4 Eggs

#### DIRECTIONS

Preheat Oven to 180 degrees Line Baking Tray with Baking Paper Put Butter, Walnuts and Chocolate in a bowl Place Bowl on top of a Pot with Hot Water and stir until melted in a separate Bowl add Cocoa Powder, Flour, Baking Powder, Sugar and mix Add Flour Mix to Chocolate Mix and stir well Mix Eggs Pour into Tray Bake for 25 minutes

### Staff Feature

## Michelle SLES Practice Leader

## What does your role at SASI involve?

Currently developing and rolling out our School Leavers Employment Supports. Attending Expos around the state to promote SLES as well as all of SASI's other services. As SLES moves towards kicking off, I am also supporting the weekend getaways, weekend community access and home to community activities.

## If given a chance, who would you like to be for a day?

A person with ASD so I could see the world in a different way and have even more understanding and appreciation for the people we support.

#### What TV Show/Movie is you guilty pleasure (yes, time to admit you love it)?

All of the "Real Housewives Of...." Shows. Love the cattiness and drama!

#### Three words that best describe you?

Easy going, funny, caring

## What is the one thing you cannot resist?

Pasta with huge amounts of cheese on top. Much prefer savory over sweets!



## What do you do when you are not working?

Spend time with my 18-month-old girl Daisy and partner trying out different places around Melbourne. Farms, play centres, swimming etc. Oh, how your weekends change once having kids!

## Why do you enjoy working at SASI?

I love all of the people I work with, such a diverse range of people and skills all striving towards the same goal of supporting our clients. There is a real sense of achievement and satisfaction in helping families and clients to get the supports they need and want, whether that be a support worker for help in the home or joining a Saturday group for some fun in the community. LET'S TALK ABOUT ....



## Client & Operational Services

Hello everyone,

Hope that you are all keeping well 😊

Thought would be good to talk about what to expect in our monthly newsletters and ask "what would you like to see <sup>©</sup>" Tell us is your preference for Helpful tips? Insider access? Industry information? Client Stories? we would love to know so that the next time you see SASI Pebble you already know it is beneficial to open.

We like to celebrate each month and share with you client and staff successes, we add a splash of industry update and keep you up to date with new services and launches.

I would love to hear from you and get your feedback on what is important to you and what you would like to see more of or less of moving forward.

#### LET'S TALK ABOUT ...

In this edition, we observe National Reconciliation Week – 27th May to 3rd June 2022

National Reconciliation Week (NRW) is a time for all Australians to learn about our shared histories, cultures, and achievements, and to explore how each of us can contribute to achieving reconciliation in Australia.

The National Reconciliation Week 2022 theme, "Be Brave. Make Change." is a challenge to all Australians— individuals, families, communities, organisations and government to Be Brave and tackle the unfinished business of reconciliation so we can Make Change for the benefit of all Australians. There are now about 2,000 active Reconciliation Action Plans (RAPs) out there which promote Indigenous employment and procurement and we speak to First Nations directors about how to make them work effectively.

The dates for NRW are the same each year and these dates commemorate two significant milestones in the reconciliation journey— the successful 1967 referendum, and the High Court Mabo decision respectively.

27 May 1967 On this day, Australia's most successful referendum saw more than 90 per cent of Australians vote to give the Australian Government power to make laws for Aboriginal and Torres Strait Islander people and recognise them in the Census. LET'S TALK ABOUT ...



3 June 1992 On this day, the Australian High Court delivered the Mabo decision, the culmination of Eddie Koiki Mabo's challenge to the legal fiction of 'terra nullius' (land belonging to no one) and leading to the legal recognition of Aboriginal and Torres Strait Islander peoples as the Traditional Owners and Custodians of lands. This decision paved the way for Native Title.

Reconciliation must live in the hearts, minds and actions of all Australians as we move forward, creating a nation strengthened by respectful relationships between the wider Australian community, and Aboriginal and Torres Strait Islander peoples.

Find out more about National Reconciliation Week #NRW2022 #BeBraveMakeChange



#### WHAT'S NEWS:

We held our first Open Day at Seaford Hub, the event was aimed at showcasing our engaging programs, feedback was exceptional and we are so looking forward to our new clients joining us soon.

Keep an eye out on our social media to share in some of the fantastic moments and future dates to come down to meet the team and have a go at some of the programs on offer.



Seaford Hub

Come & Try

Left and Right, Seaford Hub bustling with young attendees and their families exploring all the programs we offer!



#### **TEAM UPDATE:**

Our Leadership Team attended the 2022 Communities in Control Conference for two days of learning, community building and celebration which was insightful and the experience was inspiring + refreshing. The conference provided a platform for the Communities in Control principles:

- that for communities to survive and thrive, they must be in charge of their own destinies;
- that communities must have the practical support they need to set their own priorities, design their own approaches, and create their own solutions; and
- that when those first two principles are met, communities will be stronger, safer, healthier and more vibrant.



Left to right : Johnson, Chirag, Jackie, Georgia, Michelle, Christine, Chirag & David plus Lisa who attended virtually.

Best of all, though, was the opportunity that Communities in Control provides for our Leaders to lift their gaze from the daily grind, to hear the latest community sector research and developments, to be challenged, to reconnect with others in or supportive of the community sector, and to reaffirm their commitment to and enthusiasm for the work they do.

Our team said that the guest speakers were very knowledgeable, impactful and had such a good time being part of this amazing community

STAY IN TOUCH:

Head to our website for more information or request a service by visiting: www.sasi.org.au Stay Safe, Stay Healthy, Stay Connected.

Warmest regards,

Melissa + Client Service & Operational Teams





P: 13 Sir Laurence Dr, Seaford, VIC 3198 T: 1300 577 305 E: <u>enquiries@sasi.org.au</u> W: <u>www.sasi.org.au</u>

## Want to share your ideas? Email us on enquiries@sasi.org.au



Supporting children, teenagers, adults with autism and other complex disabilities

