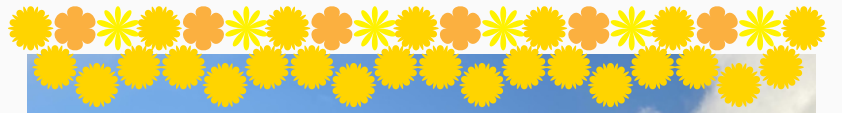




August 2022



## NEWS & FEATURES

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Message from the CEO and Chair

**PAGE 2**

---

Client & Operational Services

**PAGE 3 - 5**

Latest Adventures

**PAGE 6-9**

Blog

**PAGE 10**

Recipe

**PAGE 11**

Staff Feature

**PAGE 12**



*Peter*  
  
*found some Sunshine*

# Message from the CEO and Chair

Hello everyone!

Wow, here we are already at the end of August ( where I come from the end of summer, but here in Oz the forerunner to Spring!)

We have had quite the variety of weather recently, but there is sunshine on the horizon for those of the AFL fans who's teams are in the Finals ( that would be ours!)

SASI continues on our COVID Recovery Roadmap: Response, Recover and Thrive and aim for SASI to be durable and resilient, with our fresh and engaging 'back to business" approach.

There has been much interest in our 'Come and Try Days' at the Seaford Hub, we have lots of interest from families, Support Co-ordinators and local families which is pleasing as we are able to offer options for our local communities. We have been very pleased to welcome our new clients and their families into the SASI fold.

Our camps have resumed and there has been excellent feedback from those who have attended which also helps us improve and make adjustments which will enhance the experience for everyone.

If you have any suggestions/feedback etc on anything SASI does, or doesn't do, we are keen to hear from you.

Stay warm and dry

Happy reading

Cheers,

Kath (CEO) & Angelia (Interim Chair)



Above: SASI's staff interacting with visitors on our last Come & Try Day



Hello everyone,

Goodbye Winter and Hello Spring with warmer weather and increased day light the beautiful colours around us become apparent in many landscapes as flowers come out of hiding and start blooming!

As we shake of the Winter blues it is time for a bike ride, explore the nearest park, take a hike, or have a beach day. It might seem like you have plenty of time to do those things over the next few months, but summer and its scorching temperatures tend to sneak up fast.

## LET'S TALK ABOUT ...

### **Online video gaming and supporting autistic people with healthy online video gaming**

Amaze's free online safety webinars educate parents, carers and people working with young Autistic gamers on practical strategies that ensure their safety online and help them build healthy gaming habits.

Online friendships can be more prevalent with autistic children, however an increased amount of time spent online in gaming communities may make children more vulnerable to being exposed to unsafe behaviour.

Amaze's free online safety webinars educate parents and carers about the increased risk of harm for autistic children participating in online gaming communities. With expert guest speakers who will provide practical strategies about being safe online and building healthy online habits. Parents and carers will have an opportunity to ask the experts questions as part of each session.

#### Upcoming webinars

Using gaming to support collaborative skills and positive Autistic identity, featuring Jess Rowlings and Dr Matthew Harrison from Next Level Collaboration this webinar focuses on the benefits of online gaming in developing skills and knowledge in social capacity, collaboration and positive autistic identity.

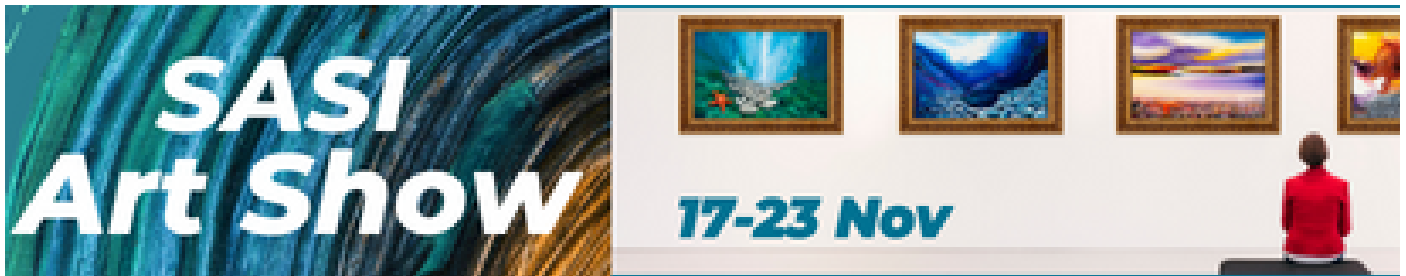
Dates: September 10 2022 at 10 am – 11.30 am

- Structure and design of games that support collaboration during play. What makes a game good for supporting cooperation and teamwork?

- Collaborative skills that can be used during cooperative play. What are these skills, what do they look like, and how can we use games to support the use of these skills
- Social connection, friendship, and belonging through gaming and online communities
- Safety using online platforms and in online relationships

These webinars have been developed with experts to ensure you leave feeling equipped with the knowledge and understanding you need to support your young gamer to be safe and happy online.

You can register for this webinar or watch the recordings of past gaming webinars, by visiting the [Amaze website](#) .



#### WHAT'S NEWS:

##### **SASI Art Show & Competition 2022 @ Frankston Arts Centre**

We are incredibly excited to announce that after a 2-year hiatus the SASI Art Show & Competition has been locked in for 2022 and will be exhibited from Thursday 17th to Wednesday 23rd November for the broader community supporting & showcasing the talents of members of our community with autism and other disabilities.

The SASI Art Show & Competition is for adults and children and is celebrated with Awards that include:

- Alfred Murfey Award
- People's Choice Award
- Packer's Prize Award

As we celebrate inclusion, choice & control we are on the hunt for some Sponsors and we are reaching out to encourage your team to support this event as a Gold, Silver or Bronze Sponsor. Please reach out to us at [enquires@sasi.org.au](mailto:enquires@sasi.org.au) we would love to hear from you and would be sincerely grateful for your Sponsorship for SASI's Art Show.

Further information regarding participation, event details & entry forms, please contact: [enquiries@sasi.org.au](mailto:enquiries@sasi.org.au)

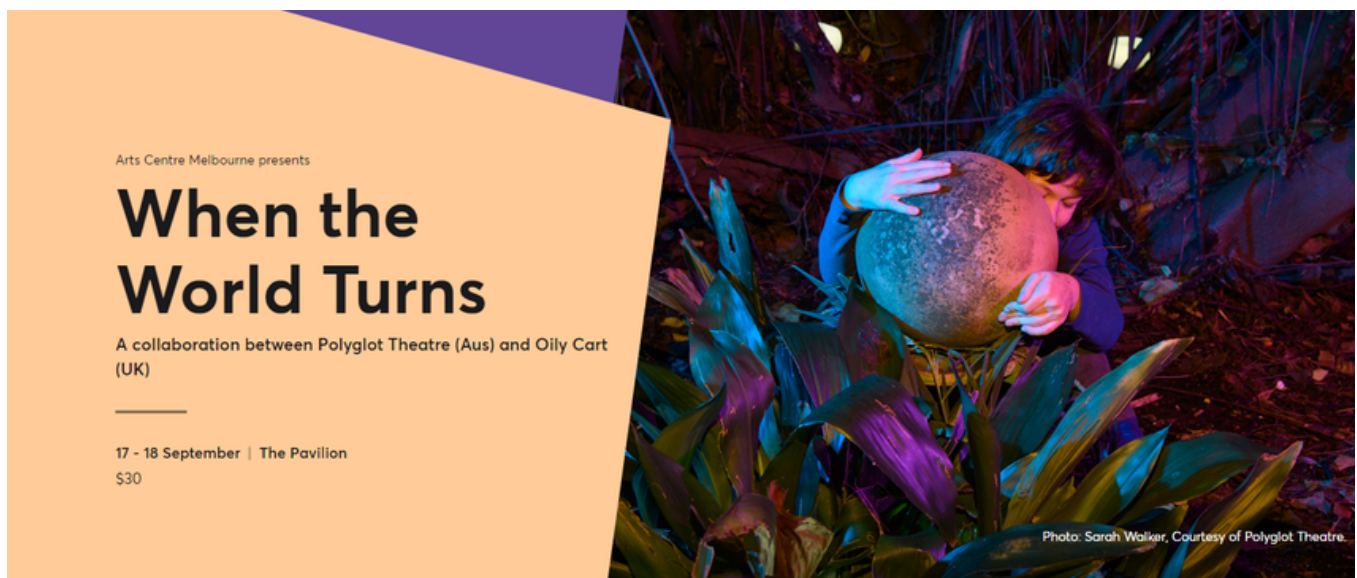


*Arts Centre Melbourne Presents: When the World Turns - A collaboration between Polyglot Theatre (Aus) and Oily Cart (UK)*

When the World Turns' is designed for children with complex disabilities of all ages (who often face the most barriers to access) and their families.

A fantastical experience for young people and their families, 'When the World Turns' leads a participating audience into a sensory world of possibilities. You can see, hear, touch and smell the landscape of living foliage as you explore the connection with each other and the world.

For further information, including access information, [click here](#)



*Parent Carers Client Committee (PCCC) are recruiting*

*The PCCC represents users of all support services offered by SASI, including Active Choices, Supported Independent Living, In Home Support, Recreation and Respite Services.*

We are currently seeking new people to join us at the Parents, Carers & Clients Committee (PCCC) for 2023. If this sounds like something you'd love to do, please send an expression of interest and your contact details to [melissa.violani@sasi.org.au](mailto:melissa.violani@sasi.org.au) so we can get in touch!

To register your interest in our any of our services, please visit [www.sasi.org.au](http://www.sasi.org.au)

*Warmest regards,  
Melissa + Client Services & Operations Teams*

# Care Expo - Melbourne Aug 12-13



Left L-R: Johnson, Christine and Rex  
Right L-R: Ellen, Sarah and Penny



SASI's dedicated team members were at the Care Expo this month sharing all about SASI with the world! Their smiles represent us really well, don't you think?

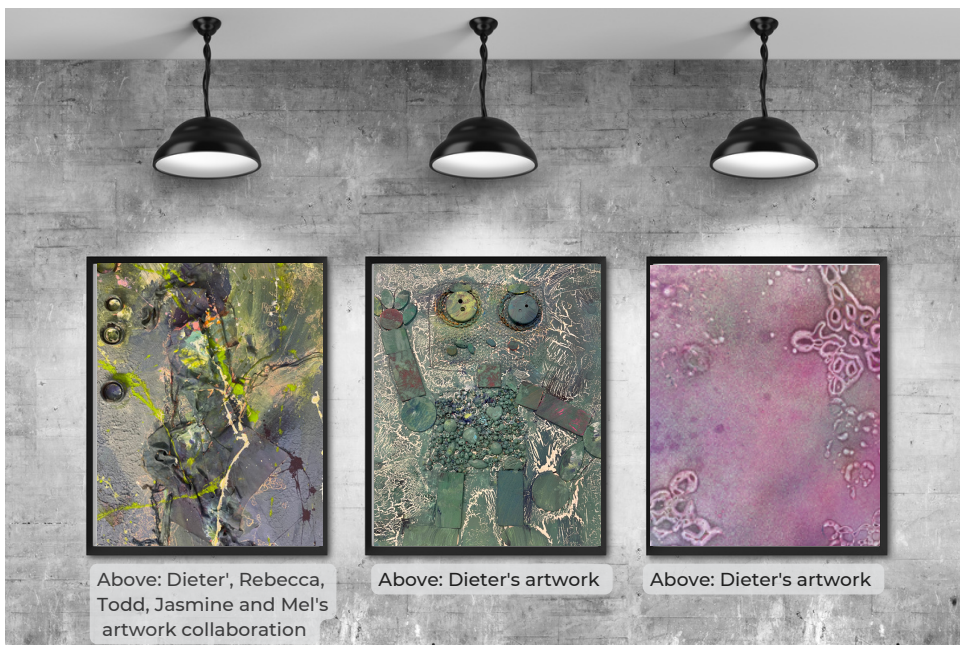
## Latest Adventures

# Visual Arts Hub @ Seaford

With SASI Art Show fastly approaching, our Arts Hub is thriving with creations using many different mediums.

The clever use of balloons for painting, sewing and Alcohol Ink painting - using out of date hand sanitizers to create the most magical results!

We are seeing some emerging talents and looking forward to enter their work at SASI Art Show Competition!!



Above: Dieter', Rebecca, Todd, Jasmine and Mel's artwork collaboration

Above: Dieter's artwork

Above: Dieter's artwork





Left: Rebecca Balloon Painting



Right: Sue Anne sewing a pillow and her final product



Left: Jasmine buys preparign a Father's Day surprise



# Horticulture Hub @ Seaford

An update on last months story about the Horticulture Hub. Indoor and Outdoor areas are thriving with new plants and a new greenhouse was put together by some really clever clients (Hey Andy!). The effort of clients and staff is showing its first results and we are thrilled!



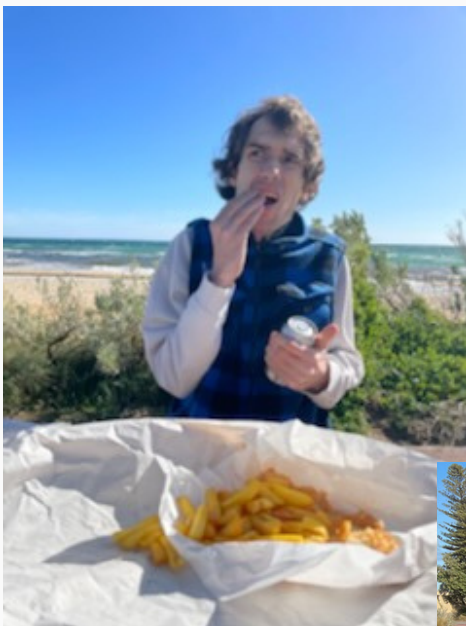


## Out and About

Bowling



Far left Cameron ;  
above Joseph



Picnic

L-R: Connor enjoying his fish and ships, left Misha having some fresh air and exercise at Warriens Reserve, below staff Emily took Danielle, Trevor Amy, and Peter for a picnic in Elwood Park



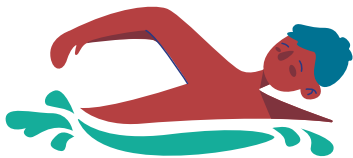
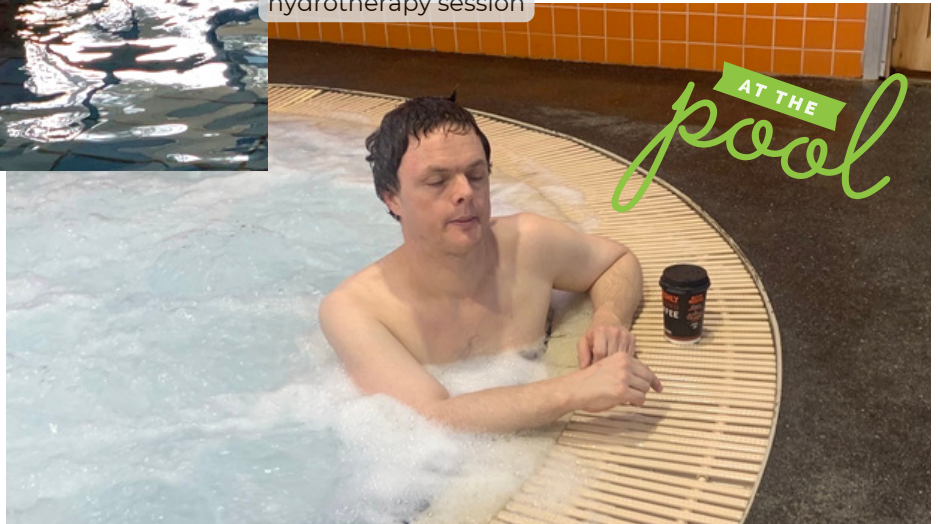


## Out and About

### Swimming

SASI's dedicated support team always prioritize the wellbeing and the choices of all clients. We're always ready to empower and make sure they attend to their preferred hobbies and recreational activities

L-R: Jerrod smiles at his swimming session; below Richard G enjoys his hydrotherapy session



Springvale house has a new pet!! Ben has a new canary and his name is Charlie!



Left: Ben is welcoming Charlie to his new home

## A unique approach to therapy works wonders with local ASD children

Just a short drive down the Mornington Peninsula, you'll find a therapy program for young children and teenagers with Autism Spectrum Disorder and other disabilities, providing a uniquely different approach to therapy.

Whilst Barefoot Therapists provides, OT's, Speech Pathologists, Dietitians, Counsellors and Equine and Animal Assisted Therapists, Arts Psychotherapists and Psychologists, this is not your run of the mill program....

[Read More](#)





## Chicken Cacciatore

by Chefs Aisha and Brent



### INGREDIENTS

- 1 tbsp olive oil
- 1.5kg mixed chicken pieces, trimmed
- 1 brown onion, roughly chopped
- 1 red capsicum, chopped
- 200g cup mushrooms, sliced
- 575g jar napoletana pasta sauce
- 1/2 cup pitted kalamata olives, halved
- 1/2 cup small fresh basil leaves

### DIRECTIONS

- Heat oil in a large, non-stick saucepan over medium-high heat.
- Cook chicken in batches, turning, for 5 minutes or until browned.
- Transfer to a plate. Add onion , capsicum and mushroom to pan.
- Cook, stirring, for 3 minutes or until softened.
- Return chicken to pan. Add sauce . Cover. Bring to the boil.
- Reduce heat to low. Simmer for 25 to 30 minutes or until chicken is cooked through.
- Stir in olives .
- Season with salt and pepper. Top with basil .
- Serve with pasta, rice or mashed potatoes

## Christine Hub Practitioner @Seaford Hub

How long have you worked  
for SASI?

3 years

What does your role at SASI  
involve?

Supporting the staff and clients  
at Seaford, liaising with families  
and carers and working with our  
Finance, HR, Intake and OHS  
teams to ensure everything runs  
as it should

If given a chance, who would  
you like to be for a day?

Michael Palin so I could experience  
his travel adventures

What TV Show/Movie is your  
guilty pleasure (yes, time to  
admit you love it)?

Love Actually – I love the twists  
and clever way that all the  
characters are connected. It is my  
go to movie each December when  
I want to get me into the  
Christmas spirit



Three words that best  
describe you?

Loyal, social, caring

What is the one thing you  
cannot resist?

Ice-cream

What do you do when you  
are not working?

I am learning Ceroc dancing and it is  
so much fun.



Why do you enjoy working  
at SASI?

I like working with a great team of  
staff and being able to provide our  
clients the opportunity to shine



## Contact Details

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T: 1300 577 305

E: [enquiries@sasi.org.au](mailto:enquiries@sasi.org.au)

W: [www.sasi.org.au](http://www.sasi.org.au)

# Want to share your ideas?

## Email us on

# [enquiries@sasi.org.au](mailto:enquiries@sasi.org.au)



**statewide  
autistic  
services**

## Supporting children, teenagers, adults with autism and other complex disabilities

