



November 2022

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SASI Art Show & Competition



People's Choice Award Winner Cheryl
and Visual Arts Program Leader Liz

Message from the CEO and Chair

Hello everyone!

Gosh, in only a few weeks and we will be into 2023, where has 2022 gone?! This year appears to have passed by in a flash... Our COVID Recovery Roadmap: Response, Recover and Thrive continues as we navigate our way into 2023

SASI held its Annual Staff Forum on 2nd November at our Gippsland site. It was fantastic to meet everyone in person, a thing which we have not done in a couple of years! Even though it was a bleak, wet day nothing deterred the competitive enthusiasm of our staff when building their scarecrows! There was lots of chatting, meeting new people, training and staff awards given out on the day by one of our local members, Russell Broadbent.



November also saw the SASI AGM held where a new Chair, Rob Macindoe, was appointed. Many thanks to Angelia, our Deputy Chair who stepped in as Interim Chair from May this year.



Rob has a background in the community sector and for the past 7 years has been Executive Director of Enliven Victoria, a charity based in Melbourne's South East. Rob is a strong advocate for empowering communities and developing sustainable organisations and services and looks forward to working with the SASI Board, staff and all our stakeholders to ensure our services are enhanced and viable. He sees a key component of this is listening to our service users, families and carers to ensure the relevance of our activities and build on the great work of the past.

It was marvellous to hold our Annual Art Competition and Show, which drew over 100 pieces of art from our community creatives, and an in-person experience to boot! The awards were presented at an event in Cube 37 held on Thursday 17th Nov. We had our local Federal Member for Dunkley, Peta Murphy, currently at the UN in New York, send us a short video address which was wonderful and four lucky artists had their work selected to form Peta's Christmas card- coming to all the Dunkley residents in the next few weeks! Congratulations to Melanie, Christopher, Easwari and Mandy from local providers - SASI, BAM Arts and OCConnections.

The Alfred Murphy Prize went to Claude Duse for 'Storm Brewing', the Packers Prize to Connor McGurk for 'Dead Fred' from BAM Arts and the Peoples Choice Award to Cheryl Tate with 'Puppy Love' from SASI Visual Arts Program

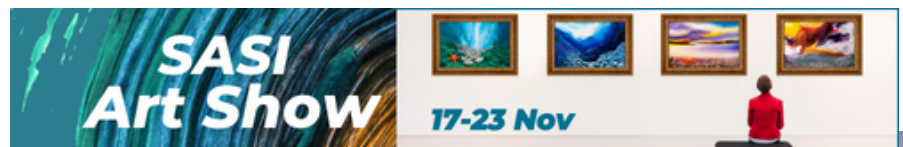
Many congratulations to all our worthy winners and to all artists who submitted their work and huge thanks to all staff involved with organising the Art Show Event, it was tremendous!

Stay dry and warm, a thing not normally mentioned at this time of the year!

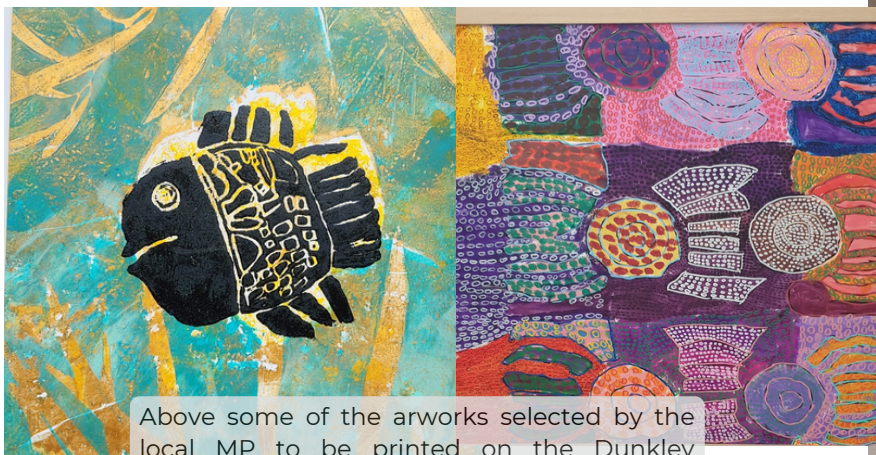
Happy reading

Cheers,

Kath (CEO) & Rob (Chair)



Above Artworks displayed at Cube 37 Gallery



Above some of the artworks selected by the local MP to be printed on the Dunkley electorate Christmas Card



Right: Malcolm was ecstatic when he sold his prized artwork "Queen Elizabeth II - A Tribute to the Best British Queen" to a fellow Queen admirer, Lauren Johnson

Client Services & Operations Team



Hello everyone,

International Day of People with Disability is on Saturday 3rd December and we are pleased to see that there are an increased number of activities where you can get involved to celebrate in person in the weeks surrounding this day.

With lockdowns having had a big impact on our community connections, this year it seems there spirit is high with lots of activities that are available to get you get back involved with your local community. From art shows (yes, like SASI's recent show), to community talks, art and theatre workshops, street art tours, to come and try sports days - there is something for everyone!

Keep an eye out for SASI Calendar of Events for 2023 that will be published in the coming weeks and will include a range of engaging opportunities for everyone to join in with throughout the year.

Saturday Centre Based Programs (11 to 14 / 15 to 17) have launched at our refurbished site in Seaford and offer a range of group activities and will run for the full day 9am to 4pm – autism qualified support workers will run these programs.



LET'S TALK ABOUT ...

Your Voice : Your Say : Parent, Client & Carers Committee

The PCCC represents users of all support services offered by SASI, including Active Choices, Supported Independent Living, Home2Community, Camps & Recreation, SLES, Independent Living Options and Respite Services.

SASI has for many years enjoyed the feedback, suggestions and ideas that have been driven from passionate parents and clients that are involved with the Parent, Client & Carers Committee – however through the pandemic, numbers dropped off and even with our best efforts remain small. We have a some committed parents who are keen for your assistance or input to join them just once a quarter from your lounge room or place of comfort for a chat, share of ideas and connection.

The PCCC discussions revolve around the decisions and directions related to the quality of current and future services provided by SASI and importantly, it enables the voices of parents, carers and clients to be heard – YES WE ARE LISTENING - providing constructive feedback and having a direct impact on the services that will best support children and adults with autism and other complex disabilities. This is particularly important as we move to a post-COVID world with the resumption of services, some new and some modified, to best provide what is needed for your loved ones.

Meetings are held once every three months on a Tuesday from the comfort of your own home, please send an expression of interest and your contact details to enquiries@sasi.org.au so we can get in touch 😊

WHAT'S NEWS:

Holiday Programs are back 😊 and we are excited to launch our Holiday Program in January 2023. Programs are structured for Over 18 age groups and Under 18 age groups.

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Costs:

- All support costs are based on support ratios
- Activities will be pre-booked (unless specified otherwise) and will be invoiced
- Transport using SASI bus (unless otherwise specified e.g. Public Transport) will be charged at .86 cents per kilometre and divided by the number of participants on the day
- Please bring own money / debit card if choosing to purchase lunch (or can bring packed lunch) or any additional items each activity and a MYKI card with funds where advised that public transport will be used.

IMPORTANT - COVID Safe Information

- Please DO NOT come if you, or anyone you have been in contact with are unwell or exhibiting COVID symptoms.
- If you become unwell leading up to the activity, please advise us ASAP.

Please note that all client information and forms must be up to date prior to attendance.
If you have any questions or would like further information please email
enquiries@sasi.org.au

Warmest regards,

Melissa + Client Services & Operations Teams

HOLIDAY RECREATION PROGRAM

Age Range : 18 +

DATE	Tuesday 3rd January	Wednesday 4th January	Thursday 5th January	Friday 6th January
ACTIVITY	<u>Moonlit Sanctuary</u> 	<u>The Funky Farm</u> 	<u>Adventure Mini Golf</u> 	<u>BBQ @ Ballum Park</u> 
DATE	Monday 9th January	Tuesday 10th January	Wednesday 11th January	Thursday 12th January
ACTIVITY	<u>Eagle Arthurs Seat</u> 	<u>Movies (Southland)</u> 	<u>Melbourne Zoo</u> 	<u>Scienceworks</u> 
DATE	Friday 13th January			
ACTIVITY	<u>ACMI (Australian Centre for the moving Image)</u> 			

HOLIDAY RECREATION PROGRAM

Under 18Yrs Old

DATE	Monday 16th January	Tuesday 17th January	Wednesday 18th January	Thursday 19th January
ACTIVITY	<u>Moonlit Sanctuary</u> 	<u>The Funky Farm</u> 	<u>Adventure Mini Golf</u> 	<u>BBQ @ Ballum Park</u> 
DATE	Friday 20th January	Monday 23rd January	Tuesday 24th January	Wednesday 25th January
ACTIVITY	<u>Museum of Art & Play</u> 	<u>Movies (Southland)</u> 	<u>Melbourne Zoo</u> 	<u>Scienceworks</u> 

Latest Adventures

SASI Camps

Our latest November over 18's Camp saw the weather finally turn up for the first camp so far this year! They saw plenty of sunshine and enjoyed exploring the beautiful Balnarring beach.

On Friday night after arrival, the group put their chef hats on and made some delicious pizzas for dinner. On Saturday, after some breakfast and a morning walk, they headed to The Enchanted Adventure Garden in Arthurs Seat. With beautiful gardens and mazes, tree top walks as well as donut tube sliding, the adventure park had something for everyone.

After a big day, everyone was pretty tuckered out and enjoyed some home made burgers for dinner and then some relaxing, watching tv and playing games. After a good nights sleep, everyone was ready to pack up on Sunday and head home.

A great trip enjoyed by all”!



Above L-R: Malcolm and staff member Jacob

Left: Bryan and staff member Rachel (with Malcolm and Jacob walking behind)

Latest Adventures

Queen Tribute Show

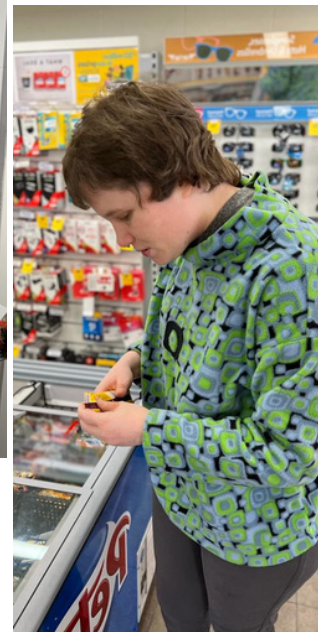
Clients from Aspendale, Springvale and Cheltenham attended Queen Forever at Chelsea Heights. They had a great time dancing and enjoying being out and about after a long period of not being able to see live music!!!



Todd and Belinda having a great time at the concert



Out & About



L-R: Ben G buying bird food for his new pet bird; Ben T enjoying some sunshine. Malcolm voting and Stephanie shopping

International Day of Persons with Disabilities

On 3 December each year we celebrate International Day of Persons with Disabilities. The day is one where we can observe, celebrate and promote an understanding for people who live with disability.

It is also a day when we can reflect on our understanding of what it is like to have a disability or care for someone who has a disability. It is a day when we can appreciate how far the world has come in acknowledging and accepting those who live with a disability. It is a chance to explore ways we can improve the understanding and education of others so people with disabilities receive the same opportunities as other people and we can continue to bridge the gap between inequalities.

[Read More](#)



Chocolate Tart

by Chefs Aisha and Brent



INGREDIENTS

Pastry

- 2 1/4 cups of flour
- 1/3 cup of caster sugar
- 175g unsalted butter (chilled chopped)
- 2 egg yolks
- 2 tbsp of chilled water

Ganache

- 2 cups of milk chocolate
- 1 cup of cream

DIRECTIONS

1. Process flour and butter (until it looks like breadcrumb)
2. Add yolks and water, mix until dough forms
3. Rest dough for 30mins
4. Roll dough until 1 to 0.5cm circle and place in tart tray
5. Blind bake at 180 for 15 mins
6. In a pot, on low heat mix chocolate and cream until silky smooth
7. Pour chocolate in tart
8. Set in fridge for 2hrs

Nikhil

Disability Support Worker

How long have you worked for SASI?

5 Years

What does your role at SASI involve?

I work as a disability support worker at SASI. I have a permanent part-time role at one of the houses and pick up casual shifts when available

If given a chance, who would you like to be for a day?

I don't think there's a specific person I have in mind that I would want to be, more so a type of person I would want to be. I would want to be the type of person who can really make a positive change to the lives of everyone who is suffering from mental illnesses by changing the way funding and support is provided, and reduce the stigma surrounding it.

What TV Show/Movie is your guilty pleasure (yes, time to admit you love it)?

It's really hard to pin point a favourite as I really love all horror and suspense movies.



Nikhil

Three words that best describe you?

Determined, Passionate and understanding.

What is the one thing you cannot resist?

A good kebab.

What do you do when you are not working?

Spending time with my family, walking my dogs, going to gym, winding down after a hard week at work in-front of the tv with a cold one.

Why do you enjoy working at SASI?

Great environment and great people to work with and good work life balance.

Contact Details

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T: 1300 577 305

E: enquiries@sasi.org.au

W: www.sasi.org.au

Want to share your ideas?

Email us on:

enquiries@sasi.org.au



**statewide
autistic
services**

Supporting children, teenagers, adults with autism and
other complex disabilities



SASI

wishes you a happy and safe holiday season

Please view our 2023 Calendar