



PEBBLE



September 2023

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Mathew enjoying a mild spring evening at the Mornington Pier

Welcome

Welcome to the September edition of Pebble.

Hope this finds you well.

It feels like summer is coming once footy season is over and I say this as a very passionate and proud Carlton member - sending congratulations to all those who are celebrating Collingwood's triumphant AFL grand final victory! Enjoy this well-deserved moment of success and revel in the celebrations – though feels like it might be a long 12 months 😊

Creative Exhibition of Contemporary Art - SASI is thrilled to advise that this year we shall again be hosting a vibrant display of contemporary art, celebrating the exceptional work of the autistic and disabled community. This year's exhibition will be open to the public from Tuesday 14th November and concluding on Wednesday 22nd November. We encourage you to share or participate in a creative exhibition of contemporary art to be showcased at our Event Launch on Tuesday 14th November to celebrate the outstanding art work of autistic people and the wider disability community. Please keep an eye out for further details

Disability Royal Commission - on Friday 29th September, the report from the Disability Royal Commission into Violence, Abuse, Neglect and Exploitation of People with Disability was tabled in Parliament. This significant milestone comes after four years of dedicated work by the Royal Commission, including extensive public hearings and private sessions.

The comprehensive final report consists of 12 volumes and includes 222 recommendations aimed at promoting rights-based inclusion, elevating standards in the disability support sector, ensuring high-quality services, achieving inclusion in employment settings, and optimizing workforce conditions.



We fully embrace this report and we are committed to working tirelessly alongside the autistic community and people with disabilities including key stakeholders to ensure they have access to choice-driven care and support and believe in creating a more inclusive world where every individual can live free from discrimination or exploitation. For further information please visit: [Royal Commission into Violence, Abuse, Neglect and Exploitation of People with Disability](#)

Our dedicated teams and leadership group strive to provide exceptional services at all times, reach out if you have any questions or queries – we are here to help!

Feel free to contact me directly with any concerns.

Until next time, stay well.

Warmest regards,

Melissa



Frankston

Social Inclusion

Action Group

Help create a more inclusive and resilient community!

Local people are at the heart of our community and should play a key role in driving change and shaping its future.

We are setting up the new Social Inclusion Action Group and are seeking people from all walks of life to apply!



Social Inclusion Action Group

We're setting up a Social Inclusion Action Group for community members who want to make positive difference to mental health, wellbeing & social...

What is the Social Inclusion Action Group (SIAG)?

The SIAG will bring together a diverse group of people, who will meet regularly over the next year to look at the needs and gaps in our community. The group will then develop initiatives that focus on social connection, inclusion and wellbeing.

The SIAG is an initiative that was created after the Royal Commission into Victoria's Mental Health system which recognised that local communities are often best placed to support wellbeing, connection and mental health. Frankston is one of the first areas to pilot a SIAG, which will eventually be set up in every municipality across Victoria.

Who should apply?

We are looking for people to apply to join the SIAG from all walks of life, who bring different skills and perspectives, and can learn from each other's expertise. Members will have an interest in issues of mental health, wellbeing and social inclusion.

The SIAG is an inclusive and accessible place. We value deep listening and collaboration, and care about making a positive difference in our community. We strongly encourage applications from Aboriginal and Torres Strait Islander people, people with disability, and people from LGBTIQ+ communities.

The SIAG will include:

- Industry experts.
- Those with lived experiences.
- People who are well-connected to the community.

It's also important that you live, work, study, or have a significant connection to Frankston.

How can you apply?

Read more about the SIAG and how it will operate in our Terms of Reference, and then apply or contact us by [CLICKING HERE](#), by midnight 11 October 2023.

ASDetect



Early diagnosis and identification of autism leads to better outcomes for autistic children and their families. As the earlier a child is recognized as autistic then the earlier supports can be provided.

The Social Attention and Communication Study (SACS) was developed by Josephine Barbaro Senior Research Fellow, through her PhD at the Olga Tennison Autism Research Centre (OTARC). This method identifies behaviors and autism characteristics in children as young as 12 months. The SACS method is implemented by Maternal and Child Health Services through Victoria and is now used in a variety of countries. This method was created based on a decade of research and its aim was to ensure that autistic children were identified as early as possible. To ensure there is no gap in support services to ensure every child reaches their full potential.

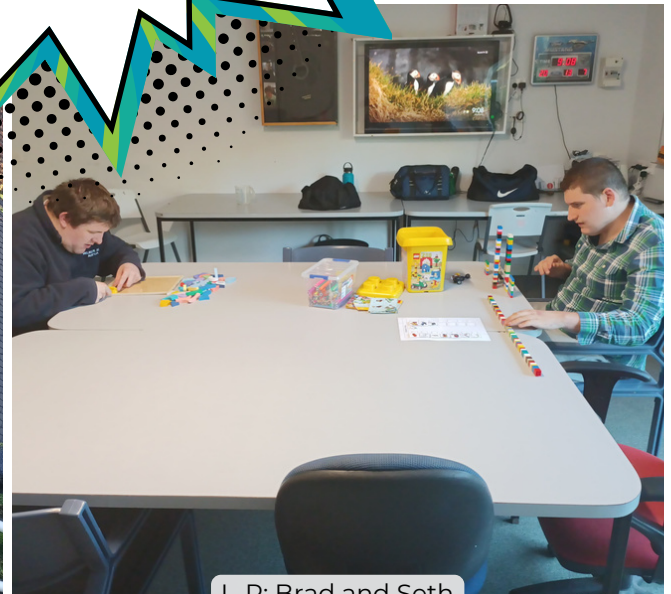
Utilizing the SACS method, a free mobile app was launched in 2016 called ASDetect. ASDetect provides parents and carers with age appropriate social communication assessments with videos of autistic and non-autistic children. At the completion of the assessment you are provided with a high or low likelihood of autism and are then emailed a detailed assessment that can be taken to the GP. ASDetect is designed for children ages 11 – 30 months and is available in English, Mandarin Chinese, Slovak and Spanish. With over 90,000 downloads this lifechanging tool is bringing early detection to parents and carers all around the world. How incredible that it was developed in Australia!



Latest Adventures



Seth



L-R: Brad and Seth

Seth joined SASI and has seamlessly integrated into the Newborough Hub program. He particularly enjoys engaging in Lego building sessions with Brad and utilising the trampoline on site.



Randy

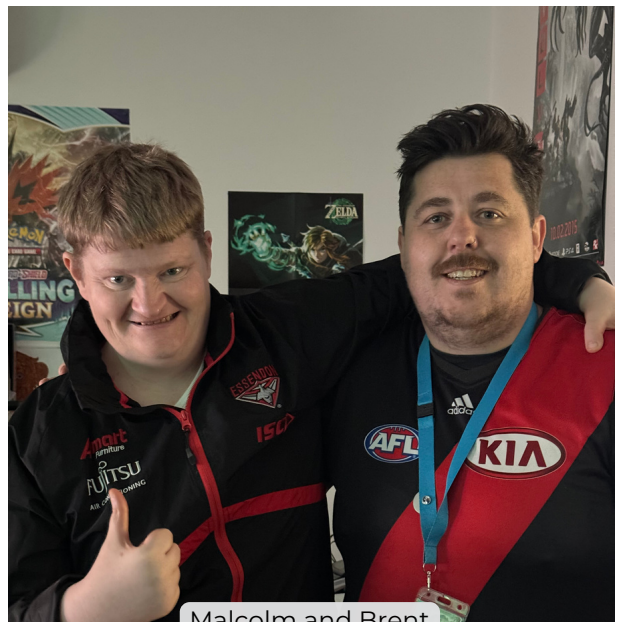


The Gamer and IT group at Moe Hub had a bit of fun creating their own "Wanted" reward posters utilising the Hub's computers, printers, and laminators.

Latest Adventures



Troy



Malcolm and Brent

Footy Colours Edition!

We are always looking for a reason to celebrate, and our Footy Colours day is always a hit! Everyone loves to get involved showing their passion and spirit by dressing up in their team's colours. The weather was perfect this year, so we even took the celebration outside and practiced some ball skills.



Dieter



Don't miss out on future events - keep an eye on our Client Celebration Calendar by [clicking here](#).

Latest Adventures

Home & Living

Our dedicated team members always encourage our customers to pursue their passions and engage in various leisure and community activities. For Joe, hitting the gym means staying fit and promoting overall health and well-being. Cameron enjoys completing challenging puzzles during his quiet time. Meanwhile, Peter and Todd enjoy regular bowling sessions that allow them to hone their skills while having a good time.



Above and below: Joe



Cameron



Todd



Peter

Recipe of the Month

FREEZABLE ZUCHINNI SLICE



INGREDIENTS

- 4 bacon rashers, finely chopped
- 1 brown onion, finely chopped
- 2 zucchinis, coarsely grated
- 1 cup pumpkin, coarsely grated
- 2 cups frozen mixed vegetables, just thawed
- 1 cup (120g) coarsely grated cheddar
- 1 cup (150g) self-raising flour
- 1/2 cup flat-leaf parsley, coarsely chopped
- 4 Coles Australian Free Range Eggs, lightly whisked
- 1/4 cup (60ml) milk
- 2 tbsp olive oil
- Mixed salad leaves, to serve (optional)

DIRECTIONS

- Preheat oven to 180C. Grease a 20cm x 30cm lamington pan and line the base and 2 long sides with baking paper
- Heat a medium frying pan over medium heat. Add the bacon and onion and cook, stirring, for 5 mins or until onion softens. Transfer to a bowl
- Add the zucchini, pumpkin, mixed vegetables, cheddar, flour and parsley to the bacon mixture and stir to combine. Add the egg, milk and oil and stir to combine. Season. Spoon into the prepared pan and smooth the surface
- Bake for 40 mins or until firm to the touch. Set aside to cool. Cut into pieces and serve with salad leaves.

Braidon Support Worker

How long have you worked for SASI?

One Year.

What does your role at SASI involve?

My role at SASI a support worker means I help the residents live as independently as possible. We teach life skills such as cooking, cleaning, food shopping, personal hygiene, just to name a few.

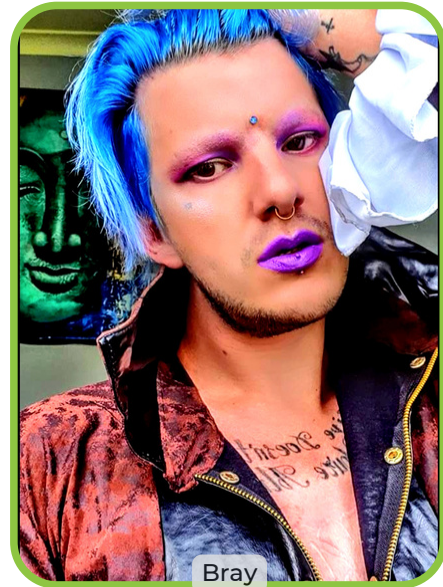
We plan fun one on one activities or group activities, depending of what activities we are doing that day like pizza and movie nights every Friday It is great to see them just have fun and relaxing after their busy week at day service,

If given a chance, who would you like to be for a day?

To be honest with you, I wouldn't want to be anyone else. I'm happy with who I am, and not even for a day would want to be someone else.

What TV Show/Movie is you guilty pleasure (yes, time to admit you love it)?

Oooh that's a hard one as I have so many but I guess if I had to choose one I would have to say Mean Girls, is a classic is just "so Fetch"!



Three words that best describe you?

Creative, artistic, out of the box thinker!

What is the one thing you cannot resist?

Kmart haha! I can never walk out with just one thing, I go in for one thing and come out with bags full haha! 😊

What do you do when you are not working?

I like to paint, and spend time with family just doing your average stuff, nothing too exciting haha!!



Why do you enjoy working at SASI?

I enjoy working as a support worker because I get to watch clients grow and myself grow alongside them, to help them the best I can with their needs and to see them achieve their goals.

**You're
invited**

Art show

Cube 37 Frankston Arts Centre

NOVEMBER 14-22

Invitation to a Creative Exhibition of Contemporary Art

SASI is pleased to invite you to a vibrant display of contemporary art, celebrating the exceptional work of the autistic and disabled community. This year's exhibition will be open to the public from Tuesday 14th November and concluding on Wednesday 22nd November.

You are invited to participate in a creative exhibition of contemporary art to be showcased at our Event Launch on Tuesday 14th November to celebrate the outstanding art work of autistic people and the wider disability community.



**ENTRIES OPEN 9th
OCT - 4PM 3rd NOV**

Please contact us for details - enquiries@sasi.org.au

Ph 1300 577 305

sasi.org.au/art-show-2023/

Sponsorship Opportunity

As we celebrate inclusion, choice & control, we are looking for Gold, Silver & Bronze Sponsors to support the event. This is a great opportunity to support the local community and gain valuable exposure for your business & brand.



FREE

PARENT SUPPORT GROUP

Starting Friday *October 13th*
10am-12noon (fortnightly)

We want to welcome you to the SASI Parent Support Group, in collaboration with The Peninsula Friendship Group. Here, parents of autistic children can come together to share experiences, find answers and build meaningful connections. We understand the journey can be both challenging and rewarding, and we're here to support you every step of the way. We hope to see you there

750 Nepean Hwy Mt Martha

Visit us online [sasi.org.au](https://www.sasi.org.au)

Ph **1300 577 305**

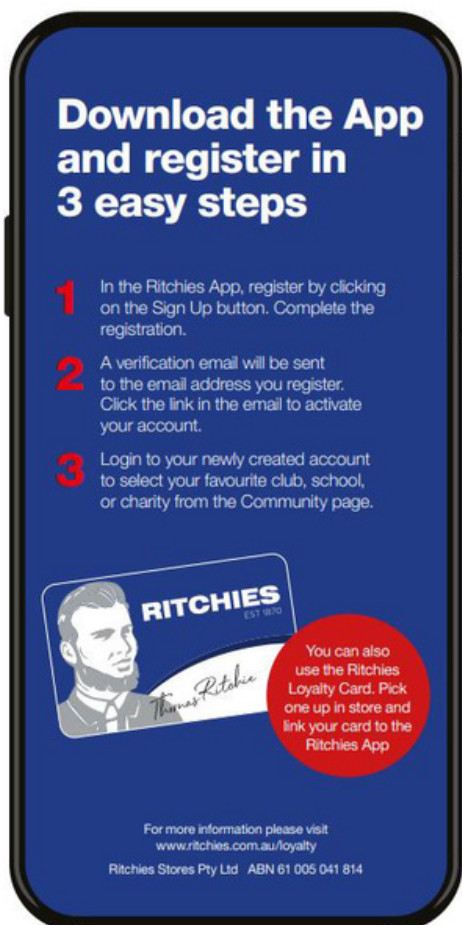
Did you know that you can support SASI while you shop?



Support your local community

Donate to SASI through your weekly shop

Ritchies has been running its successful Community Benefit program since 1993. Over many years it has proven to be the easiest, simplest method to support your favourite club, school or charity.



How do I donate to SASI?

STEP 1

Download the Richies App, register by clicking on the Sign Up button. Complete the registration.

STEP 2

Click the link in your email to verify and activate your account.

STEP 3

Nominate SASI as your favourite charity from the Community page.

Thank you so much for your support.

